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Groundbreaking change to officership in Australia

■ OPINION

Abortion debate: 'The Church must be the voice of Jesus'

■ SALVATION STORY

Salvos helped me up, but God changed my heart

■ FEATURE

Mental health recovery begins with breaking down the stigma

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OCTOBER
2019

ISSUE 10
VOLUME 03
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AGEING WITH DIGNITY

Salvos' new national aged care agenda



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Standing in the homelessness gap for our vulnerable elderly

WORDS SCOTT SIMPSON

IMAGINE THE SCENARIO: YOU'VE WORKED all your adult life, paid your taxes and along the way have raised a family. Then, in your latter years, as you encounter health issues and the cost of living rises, you become homeless. It may sound a bit of a stretch, but for far too many older Australians it has become their reality.

The sad truth is that homeless people aged 55 and over are often a forgotten group within Australia's homeless population. The statistics, however, reveal the desperate plight of many older Australians. Seventeen per cent of homeless Australians are aged over 55 – that's almost 18,000 people – and people in this age group are over-represented among those living in temporary and insecure housing and at risk of homelessness.

According to the Homelessness Australia website (homelessnessaustralia.org.au), "there is a chronic shortage of age-appropriate and affordable housing for older people who have been homeless, and this problem is likely to grow worse with an ageing population placing increasing pressure on the aged care system and community services generally".

Research also confirms that this 'invisible' segment of society is increasing. The Council to Homeless People (chp.org.au) says there was a nine per cent rise in the older homeless population in Australia in the three years prior to 2015. The reasons for this, says the council, include: the size of our aged population is growing at a faster rate than ever; there's a chronic shortage of affordable housing in capital cities; there's been an increase in the number of older people renting; and

upward pressure on rent prices can leave an older person at risk of losing their lease.

The Salvation Army is among a number of organisations that are responding to this growing problem and, subsequently, are increasing their presence in this space. Our cover story in this issue of *Others* details our new approach to caring for the vulnerable elderly in our society.

The centrepiece of The Salvation Army's new national agenda for aged care is the creation of hundreds of additional individual living units for older people vulnerable to homelessness. The agenda also includes almost doubling the number of low-cost rental accommodation units for older Australians, and a quadrupling in the number of people who will receive in-home care.

It is, clearly, an appropriate response. Our Vision Statement, which begins with "Wherever there is hardship or injustice, Salvos will ..." and concludes "... with the love of Jesus", compels us to act. There is also, of course, a biblical mandate for this compassionate response. The Bible is consistent and clear in its message about standing in the gap for those who are least able to fend for themselves.

God desires justice for all people. This includes ensuring vulnerable elderly Australians have a place to call home. It's at the heart of what we do as a Salvation Army. ●

Scott Simpson is the Assistant Editor-in-Chief.



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Salvos and their supporters in Sydney's south have walked a combined total of thousands of kilometres to raise money for and awareness of, domestic violence services. Photo: Peter Gott



Issue 10
October 2019
Cover photo: James Horan

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NATIONAL VISION STATEMENT

Wherever there is hardship or injustice, Salvos will live, love and fight, alongside others, to transform Australia one life at a time with the love of Jesus.

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f OthersAU

t @OthersAU

o @Others_AU

Join the conversation

"Great stories of lives being transformed and new ministry opportunities with a missional purpose."

f Tracey Tidd

"The Army must again live up to its call to be a mission-focused Army!"

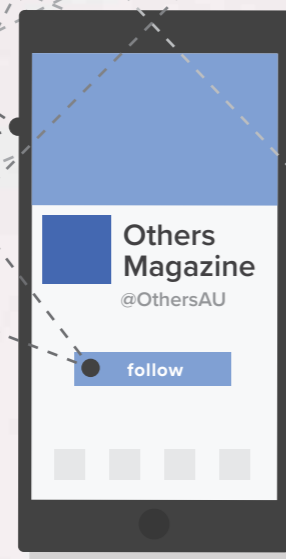
t Brian Peddle

"Brilliant! Love the good news from around Australia."

f Peter Hobbs

"Awesome. God is doing a new thing in the hearts of people. Keep transforming lives in Jesus' Name." #livelovefight

o Belinda Spicer



'Catching' the vision.

*Healthy Local Mission Delivery expressions
a reason to celebrate*

WORDS JANINE AND ROBERT DONALDSON

FOR THE FIELDING TEAM IN CRICKET, THE shout of "Catch it!" results in shots of adrenaline, focused eyes, all attention on the one person moving into position, hands tracking the ball, muscles tensed but hands soft and, ultimately, growing hopes of a wicket. A caught ball is cause for celebration; a dropped ball causes people to drop their heads, look the other way and rue a missed opportunity.

After three months in our roles, there are two aspects of The Salvation Army in Australia to which we want to shout a very loud "Catch it!" They are mission delivery at a local level, and values (with their associated behaviours).

Holistic mission is based on a biblical and holistic view of people. We were created to be whole; body, mind, spirit and relationally (Luke 10:25-28). Jesus came not merely to save souls but to make people whole. He said: "I have come that they might have life to the full" (John 10:10). He usually started with where people were and with the need they presented, whether physical, intellectual, emotional or spiritual.

The Australia Territory Local Mission Delivery model is about positioning our front-line services to work together to achieve holistic care and support for people as they progress towards reaching wholeness. As we've travelled around Australia, we have seen excellent examples of healthy mission expressions where the presenting need(s) of the individual or family are being met and the other aspects of their wholeness are also being engaged with. This includes discovering ways of warmly welcoming

people into the development of their faith and in many situations connecting with a faith community within The Salvation Army. This is mission delivery at its best and exactly what we want to replicate around the territory.

The Local Mission Delivery model is consistent with the vision and mission of The Salvation Army in Australia and, for the Salvationist, it is also consistent with one of our key commitments from our Soldier's Covenant: "I will be faithful to the purposes for which God raised up The Salvation Army, sharing the Good News of Jesus Christ, endeavouring to win others to him, *and* in his name caring for the needy and the disadvantaged [emphasis added]." It is a 'both/and' commitment: sharing the Good News of Jesus Christ *and* caring for the needy.

Our second cry of "Catch it!" applies to values and behaviours. No matter who we are or what we are contributing, it is vitally important that every Salvo behaves according to our stated values of:

Integrity – being honest and accountable in all we do;
Compassion – hearing and responding to pain with love;
Respect – affirming the worth and capacity of all people;
Diversity – embracing difference as a gift;
Collaboration – creating partnerships in mission.

The Salvation Army is an expression of the Kingdom of God on this earth. Our behaviours towards those we serve must reflect the extravagant love that God has for people. And, as Salvos work together

in mission, our behaviours and attitudes towards each other must reflect what it means to be part of the family of God.

For the Salvationist, these behaviours are consistent with two of our key commitments from our Soldier's Covenant: "I will make the values of the Kingdom of God and not the values of the world the standard for my life. I will maintain Christian ideals in all my relationships with others: my family and neighbours, my colleagues and fellow Salvationists, those to whom and for whom I am responsible, and the wider community."

For all Salvos, we commend the Renew Culture resources that are being distributed around the territory. These will help us to converse and develop our behaviours towards the high standards of living that honour God.

So, we encourage and implore every Salvo to hear our cry of "Catch it!" for our Local Mission Delivery, and values. While there are many things that call for our attention, our sense is that these are the most critical for us to achieve the very purpose for which God raised up The Salvation Army. Please join us to make these our priorities, and transform Australia one life at a time with the love of Jesus. •

Commissioners Janine and Robert Donaldson are the territorial leaders of The Salvation Army Australia Territory.



Aussie officers around the world – Brazil Territory.

In Global Focus this year, *Others* is profiling the work of Australian officers and personnel serving around the world. This month, **Major Peter Davey** shares his story of working in the Brazil Territory as the National Secretary for Finance, based at Territorial Headquarters in central São Paulo.

I have had a long sense of calling to Brazil. It originated while I was a cadet in 1981-82, when Majors Fred and Marie Shaw and Major Doreen Campos visited my Officer Training College and spoke about their experiences of serving in Brazil. It has only been in recent years that I have sensed again the opportunity to venture overseas was right. I have also had the opportunity to serve alongside people such as Majors Gordon and Ruth Cocking and Majors Alf and Berynice Ford, all of whom served in Brazil.

There is a lot to be said for investing in Australian culture and steeping oneself in local ministry. It is the calling of the majority and I also see it here in Brazil, where officers would never entertain going overseas to serve. But when there is a calling, there is a great opportunity to explore, share culture and develop greater understanding as to how other people live and under what circumstances they serve.

The Salvation Army is an international movement and there are unique challenges of ministering and

administrating in many countries. International service brings a variety of leadership benefits to the serving country and the mixture of culture and experience enables a better flow of ideas, methods and awareness of the funding needs of ministry in our developing countries.

I have previously served overseas, as the property officer, along with my late wife, in Papua New Guinea from 1992 to 1995. It was there that both our children were born. In both PNG and Brazil, I see the vast difference in serving conditions among officers. We should be thankful to God for what we have in Australia.

I love the fact that I am living in São Paulo, a city whose population is nearly 13 million, more than half that of Australia. It is a densely populated part of the world. I love that service in The Salvation Army has taken me to parts of the world that I would otherwise never have seen. I like to live that life for periods of time, learn the culture, love the people and see the country.

Living and working at Territorial

Headquarters here in São Paulo has meant that there is a community life. It is much more so than living in suburbia in Australia. While there are cars for official use, we get around here more by foot, by the trains or Uber. Eventually I will be able to get a driver's licence and occasionally use the departmental vehicle. Although driving here is scary!

Since arriving here, I have experienced Christmas celebrations, Easter and the Bosque Corps' 76th anniversary (Corps anniversaries are celebrated annually here and celebration is an important part of community life). I have visited many beautiful sights as well as a number of sights that would break your heart. While Brazil is not what you would call a developing country, it does have a wide gap between the rich and poor and even in São Paulo there are many favelas where life is difficult, income is low and accommodation is rudimentary.

I am learning to speak Portuguese and, thankfully, haven't yet put my foot in my mouth! The most challenging part of learning a new language is getting people



Australian officer Major Peter Davey outside a church in São Paulo with some friends.



to speak slowly. We all take shortcuts with language and this makes it extremely difficult for learners to comprehend what is being said. Often you know the words being spoken but do not recognise them in the way or speed they are spoken.

There are many challenges to living and serving overseas. Personally, the language learning presents a challenge but not one that's insurmountable. It is essential and so I am determined to learn. Being away from family is also a great concern and I miss them a lot. In this appointment, there are serious cash-flow issues for the territory and this brings stress to the whole leadership team, including me.

I have learned to live with less, to value what I have and not live for things, the esteem of others or position. I am doing what I do here because people at home told me I was good at it. I was afraid I might not be suitable for this position, but I followed God's leading, the doors kept opening and I trust him to keep using me for the benefit of the Kingdom.

I would encourage anyone with a sense of

calling to overseas service to pursue the dream until you arrive. If the doors close and you do not leave home, then God has a different plan for you; not a lesser plan, just a different one. But if there is a calling, follow it with all you have and see where God takes you, who he asks you to love and lead, as well as what he asks you to do and learn. Then, when you are done, bring it home to influence others from a heart rich with love and experience. ●

HISTORY

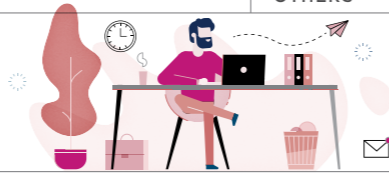
Pioneer officers Lieut-Colonel and Mrs David Miche unfurled The Salvation Army flag in Rio de Janeiro on 1 August 1922. The Salvation Army operates in Brazil as a national religious entity, Exército de Salvação, having been so registered by Presidential Decree on 27 November 1984. All its social activities have been incorporated in APROSES (Assistência e Promoção Social Exército de Salvação) since 1974 and have had Federal Public Utility since 18 February 1991. The territory has four divisions and The Salvation Army Officer Training College is located in São Paulo.

BRAZIL TERRITORY

| | |
|------|-----------------|
| 43 | Corps |
| 7 | Outposts |
| 159 | Officers |
| 1644 | Senior soldiers |
| 380 | Junior soldiers |
| 101 | Adherents |
| 424 | Employees |

Viewpoint.

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Choosing life.

Abortion issue comes down to love

WORDS PAUL MOULDS

QUESTION: ABORTION – WHAT DOES THE Church do now? **Answer:** We care more ... we offer *life* more.

The battle to stop the Reproductive Health Care Reform Bill 2019 in NSW, that makes abortion easier to access, seems lost, with legislation recently passing convincingly in the NSW Lower House (as of when *Others* went to print, the bill was being debated in the NSW Upper House). It is vital that Christians don't just throw their hands up in despair and lament the state of our society.

This outcome means we must become even more active in our communities, holding out hope and life and particularly letting young, vulnerable girls and women who are pregnant know that there are viable alternatives available to them than terminating the life of a child. I know from my work with vulnerable young people that they often make decisions 'in the tunnel', based on their current difficult circumstances. When given support and a community that will love and care for them, these choices may change.

Our job now is not to push our views and disappointment at the outcome in the NSW Parliament onto others, but simply to love. We can remind people that God loves them and their unborn child. We can help them realise that their existence is not an accident.

The Word of God says, "You [God] made all the delicate, inner parts and knit me together in my mother's womb. Thank you for making me so wonderfully complex! Your workmanship is marvellous – how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. How precious are your thoughts about me, O God. They cannot be numbered!" (Psalm 139:13-17 *New Living Translation*).

"... on this issue we can't afford to fail; the lives of thousands of innocent, unborn babies now hang on our willingness to care and befriend."

So the Church, more than ever before, must now be the voice of Jesus to women and girls in this situation, being a visible demonstration of God's Word, offering both practical support and a community to belong. This has always been the role of the Church – to be the conscience of our community by defending and caring for the most vulnerable in practical ways, such as housing, poverty alleviation, friendship, etc. We do our best work here, on the front line of human need, rather than lobbying and objecting in the corridors of power.

I know the Church has often failed to do this, but on this issue we can't afford to fail; the lives of thousands of

innocent, unborn babies now hang on our willingness to care and befriend. This is why every church and faith community must rise up with one voice and message on this issue. Our message is simple but powerful: *We care about your life and the life of your child.*

A good example of the compassion I am talking about is Vickie*, an asylum seeker who fled to Australia in 2018 and sought protection here. She ended up at The Salvation Army because she was homeless and in need of a community to house, protect and accept her.

During her stay in The Salvation Army's care Vickie discovered she was pregnant as a result of being raped just before she left her home country. Many people advised her to get an abortion. "You've got no income, no secure housing, nothing for the baby," some said. Other people pointed out that the child was conceived out of a rape, and the mother had a very insecure and tenuous immigration status. "It's best not to bring the child into the world," they advised.

But Vickie chose life, and with the support of a loving community, a few months ago she gave birth to a beautiful baby girl, who is now a much loved part of The Salvation Army where she has many 'aunties' and 'uncles'.

And then there is my own story. My birth mother was just a teenager when I entered the world. The Department of Community Services tell me that she was from a country town. From my original birth certificate I know her name was Elaine. It must have been so hard for her in that era (the early 1960s), to be pregnant in a small, conservative rural community, with no government benefits or support available. I imagine she would have been torn apart by the choices she had to make.



Worth Quoting.

"I do believe in Christianity, and my impression is that a system must be divine which has survived so much insane mismanagement.." – G.K Chesterton

Compelled to 'Do something!'

Suffering humanity must always be served

WORDS RICHARD MUNN

IN THE EYES OF THE GENERAL PUBLIC around most of the world, it is the social outreach of The Salvation Army that is most readily recognised and affirmed. At the heart of this compassionate ministry is the cherished belief that in reaching out to the hungry, thirsty, lonely, naked, sick and imprisoned we are actually reaching out to Christ himself.

Salvationists see Jesus in the homeless dormitory, in the rehabilitation centre, in the hospital ward and in the refugee shelter. The international Salvation Army has innumerable social service programs reaching out to the poor and disenfranchised of the world. The list is seemingly limitless in character and scope: schools for the blind in Africa, orphanages in South America, safe houses for trafficked women in Australia, soup kitchens in India, ministry with prostituted women in Europe, day-care centres for children in North America.

This diversity is an expression of the one holistic gospel in which the Army so passionately believes. The spiritual and social aspects of the Christian Gospel combine to form an integrated or total ministry. We perceive it artificial and unscriptural to separate the two.

Giving a cup of hot chocolate to a shivering fireman can be a powerful spiritual experience. Military veterans who received a doughnut amidst the horrors of warfare testify to the love of God experienced in that simple action.

Somehow Elaine found her way to The Salvation Army. Someone there offered her a path to *life*, not *death*. Elaine gave birth to me in a Salvation Army home for unmarried mothers. Shortly after, I was adopted by a beautiful Salvation Army couple who couldn't have their own children.

At a different time, in a different era, I might not have entered the world. If that same scenario was to happen today, given the way legislation has shifted the goalposts and made abortion so easy to access, it is likely my mother would have taken the easier road and had an abortion. I would have never existed. Thank God Elaine carried me even though she would never raise me. She trusted God to find someone good who would do that, and he did.

And here's a very personal note. Elaine, if you are reading this article, I want you to know that I understand, I forgive you, I love you even though I have never met you, and I promise to do all I can to find you in the months ahead. Thank you for choosing life and not death! I'm alive today because of your courageous choice.

So, members of the Church, the mantle now falls on us. We must help vulnerable, scared, traumatised women and girls to choose *life* and not death. How do we do this? By loving them, because love changes everything.

The Bible passage from 1 Corinthians 13:13 sums it up best: "Now these three remain: faith, hope, and love. But the greatest of these is love". •

* *Not her real name.*

Major Paul Moulds is Corps Officer at Auburn Salvation Army in Sydney.

General Frederick Coutts, the world leader of The Salvation Army from 1963-1969, describes this holistic concept of social work and evangelical work: "It is not that these are two distinct entities which could operate one without the other. They are but two activities of the one and the same salvation, which is concerned with the total redemption of man. Both rely upon the same grace; both are inspired with the same motive; both have the same end in mind. And as the Gospel has joined them together, we do not propose to put them asunder."

The founding days of The Salvation Army saw rapid and practical responses to the poverty of Victorian England. Salvation Army founder William Booth's 1890 book, *In Darkest England And The Way Out*, is regarded as a landmark publication in the articulation of Salvation Army relief work. It resulted in homes for single mothers, orphanages for abandoned children, farm colonies for unemployed men, the ministry of 'Slum Sisters', quietly working in city ghettos tending the sick, cleaning the streets and homes and cooking meals. Upon seeing homeless men sleeping under London Bridge, William Booth instructed his son, Bramwell, "Do something!" Ever since, Salvationists have felt compelled to respond in practical ways.

General Eva Burrows once recalled an African student who commented on the parable of the Good Samaritan. "In the story you have the robber who does bad, you have the Samaritan who does good and you have the religious people who do nothing."

Salvationists are religious people who 'Do something!' •

Colonel Richard Munn is a director of the Army's International Social Justice Commission.



Worth Quoting. | “True humility is agreeing with God about who you are.”
- Danielle Strickland

Addressing the whole person.

Changing our mindset towards mental health

WORDS JESSICA MORRIS

The following article is a personal account of the writer’s own struggle with mental health issues.

IT’S BEEN 15 YEARS SINCE I WAS DIAGNOSED with anxiety and depression. In that time I have seen the best and worst of the Church as it tries to grapple with an illness that is so often hidden.

These experiences have taught me a valuable lesson: that one of the gifts we can give to those living with mental illness is to see them as *whole* people. They are more than just their mental illness; they are people who are able to give and receive in community. This is a way we can offer them the space to fully experience the love of Jesus. This means we must hold together the physical, spiritual and community needs of every individual, irrespective of their diagnosis, the scars on their arms or how awkward we feel. When we fail to do this, we can unwittingly perpetuate their illness and enforce a belief that they are separated from God.

PHYSICAL NEEDS

Our physical needs encompass our overall wellbeing. Mental illness is intrinsically connected to physical health. There’s stigma that taking medication or receiving counselling means you don’t have enough faith in God. This is simply not true. In fact, God can use these resources to bring us healing. So offer to take your friend to the doctor.

This provides them with a diagnosis, and allows them access to services that will put them on a unique path to recovery. If all else fails, give your friend the number for Lifeline.

SPIRITUAL CARE

I know how it feels to pray for healing and not receive it. It is really difficult when you feel others imply that you lack faith if you experience mental illness or aren’t miraculously healed. A more compassionate response involves listening to a person before praying for them. Take a personal approach and affirm the courage an individual has shown in asking for help. Pray for peace and healing, and ask how you can support them.

COMMUNITY SUPPORT

Irrespective of our mental health, we all need to know we belong, are safe and are valued. Your church can become this community for people living with mental illness, by showing up for them. We must change our mindset that sees them as ‘attention seekers’ or ‘too needy’, and instead see the unique plans and purposes God has for them.

As a church community, this change of mindset might mean we need to change how we speak to respect their needs, just as we change the physical layout of our church buildings to accommodate people of different abilities. It’s not about being politically correct, it’s about acknowledging that a person’s mental health can be fragile.

On a personal level, this means being a friend to those who feel friendless or are unable to maintain friendships well. Send a text and invite them to events. Offer to take them out for coffee. Remember, a person who is experiencing mental illness won’t always show up or even respond, but your consistency is the key. Friendship with anyone is not a ‘project’ or a ‘ministry’. Friendship is a two-way

relationship – we give and receive from each other. When they struggle to give to you, your friendship shows them that you still care about them and that God hasn’t forgotten them.

There is freedom when we learn that a person experiencing mental illness requires infinitely more than what we or the Church can provide. As a pastor, congregant or volunteer, it is hard not to feel you want to fix someone struggling with mental health. But it’s not your responsibility to heal them. Instead, it is our responsibility to see the person as a whole being, and honour this by moving towards them consistently in authentic friendship, to stand with them in the midst of the mess and to connect them to the resources that will support them in their journey. ●

.....
Jessica Morris is a staff writer for Others and author of When Hope Speaks. (Available at Army book departments)
.....

Lifeline

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lifeline.org.au

Beyond Blue Support Service

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beyondblue.org.au/getsupport

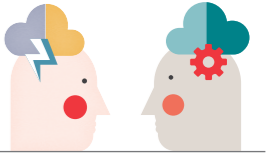
Headspace

Online chat, email and phone counselling for people aged 12-25 (9am-1am AEST)
1800 650 890
headspace.org.au/eheadspace/

Head to Health

Head to Health can help you find free and low-cost, trusted online and phone mental health resources.
headtohealth.gov.au

| Breaking down the stigma P25 ▶



Mailbox.

Our online story on The Salvation Army IDEAS platform has generated a significant response. (The story also appears on page 41 in this issue of the magazine.) The following four items are a small selection of the responses.



GOD-INSPIRED CREATIVITY

Oh, to be on this team! Seriously, what an exciting space to do ministry and see our movement fire up with holy, God-inspired creativity! Praying the best for the team involved. You have a great task ahead of you.

- Jo Brookshaw
(posted at Others Facebook)



HIGH CULTURAL BENEFITS

Absolutely tremendous! Low cost, mitigated risk, high cultural benefits! Let us know if you are accepting international fellows as catalyst collaborators. Blessings.

- Ethan Frizzell
(posted at Others Facebook)



NOW, LET JESUS LEAD

A really great idea is to listen to Jesus and do what he says. Letting him lead and reveal to us his creative genius as we trust him in every step of obedience to his will. He is the greatest missionary and wants to lead. We should let him lead. He is the redemptive grand design lab.

- Peter Hobbs
(posted at Others Facebook)



IDEAS WON'T CUT IT

Oh dear, ideas won't cut it! Just like buzzwords and snazzy websites won't cut it. A program-driven and bright-ideas movement is human folly. Peter Hobbs' comment has deep wisdom.

- Elizabeth Albiston-Goffin
(posted at Others Facebook)



INSPIRATIONAL RECOVERY

I write in response to the article, 'Recovery Church continues to restore broken lives' (Others Online 3 September and page 38 in this edition). Brilliant! Sounds like a church Jesus would be attending weekly! So inspired by your willingness to lay tradition of man aside and pick up the mantle of Christ to reach those that are the least of these. We have to reconsider how to fully reach the lost. I am inspired!

- Peter Jordan
(posted at Others Online)



AMAZING FAITH COMMUNITY

'Recovery Church continues to restore broken lives' (Others Online 3 September) – what a fantastic story! I'm so happy that this amazing faith community has well-deserved attention here. The success of Recovery Church is a testimony to the hard work of faithful and dedicated regular members, not the least being Lieutenant Erin Mains whose heart for the lost, lost and least is an inspiration. May God continue to bless this wonderfully pure expression of Salvation Army mission!

- Colin Reynolds
(posted at Others Facebook)

Your opinion counts.
We want to hear from you!



If you've read something in Viewpoint or elsewhere in this issue of Others that you would like to comment on, then please get in touch. Email your letter of about 250 words to: others@salvationarmy.org.au

Financial literacy a life skill for all.

Continuing a regular series looking at ways that The Salvation Army is engaging in mission across Australia. This includes initiatives in evangelism and discipleship, advocacy and social policy, community engagement and service provision. The intention is to offer ideas and stimulate action for holistic mission that expresses God's love for the individual, the community and all of creation.

WORDS NICKY GANGEMI

Do you feel financially secure? If you don't, you're not alone – over two-thirds of Australians are in the same boat. Yet too many people leave it until they are at crisis point before they do anything about it.

Many people think that financial literacy and counselling programs are needed only by those who find themselves in a debt crisis. But the services offered by The Salvation Army's Moneycare are helpful for all because everyone has to deal with money on a daily basis.

Moneycare has been part of Australia's financial counselling landscape for more than 30 years and its flagship program, You're the Boss, has been running for 10 years. This financial capability resource was born out of the Army's desire to create a learning space that was vastly different to the heavy, schoolroom learning, which often focused more on the theoretical side of dealing with money.

"We discovered that this kind of learning is having little or no impact on people's dealing with their finances," says Tony Devlin, the National Manager of Moneycare. "So, we began to develop a simpler, practical program, which hones in on the key areas people need to know. It has been having a real impact on people's lives."

A client who accessed Moneycare's services described the experience as the best thing she could have done. "I was worried about how to manage the debt after I went to a debt collector, as they were calling all the time," she says. "Now I have a system in place on how to deal with it. The best thing I ever did was talk to someone at Moneycare."

Kristen Hartnett is a regional manager for Moneycare and the creator of You're The Boss. "The Salvation Army is in the unique position of seeing where things often go wrong with money and so we are able to see what good preventative measures should be put into place to help people, and this is where You're The Boss comes in," says Kristen. "Each day our Moneycare team see hardship and injustice and each day they are living, loving and fighting alongside others, transforming Australia one life at a time, with the love of Jesus."

"Whether you are 18 or 80, money is something we are all managing. Financial literacy and understanding money is relevant for all people and it is our desire to work collaboratively with all faith and social services across The Salvation Army to help people in this area."

The You're the Boss program is delivered by over 130 trained facilitators across the country and Kristen and her team ensures the program is constantly evolving to fit the landscape. The program has a holistic approach towards managing money, moving beyond talking only about technical things like budgets, to using behavioural science and helping people to understand their often unspoken relationship with money and how to be a good steward of it, in line with their value systems.

Kristen says the program is for everyone. "It is for people in the corporate sector, we do workshops in workplaces, we can go to a women's Bible study group, or we can even visit schools and retirement homes." •

Nicky Gangemi is a resource writer with the Territorial Mission Support Team.

Moneycare Day



A Moneycare stall offers information to shoppers on Moneycare Day last year.

Anti-Poverty Week is held annually in October. This year it runs from 13-19 October. The Salvation Army, as part of raising awareness of Anti-Poverty Week, holds Moneycare Day, this year on 16 October.

On or close to this date, many corps open their doors to the community to help promote the services on offer through Moneycare.

Statistics reveal that 35 per cent of Australians find dealing with their finances overwhelming, and more than 66 per cent feel financially insecure. "Moneycare has been able to help thousands of people find finances less overwhelming," says Tony Devlin, National Manager of Moneycare, adding that there are numerous stories of people's lives being changed for the better.

Tony says increasing people's financial literacy can help them avoid getting into dire financial situations. "We want people to realise that The Salvation Army is there for people who are struggling, but also can be there for people before they get into a crisis situation."

If you or someone you know would benefit from accessing Moneycare or the You're The Boss program, contact Kristen Hartnett at kristen.hartnett@salvationarmy.org.au

Mission in brief

- The Federal Government's Drought Community Support Initiative, of which The Salvation Army is a partner, has supported farmers and their families, agriculture workers and others in drought-affected areas across Australia. More than 6500 households have received financial help.
- The Salvation Army Mission Department values our chaplains

who travel to remote areas, in particular looking after many of our farming communities who are suffering from the effects of the drought. They provide a listening ear, ongoing emotional and spiritual support, with material and financial support where they can.

- The Head of Social Mission and General Manager for Homelessness, Liva Carusi, is meeting with

Northern Territory Minister for Local Government, Housing and Community Development, Gerald McCarthy, to discuss the best way for The Salvation Army to deliver its response to homelessness in the territory.

- The Social Mission Team has finalised its Stream National Agendas, which will govern its mission, policies and interactions.



• The Salvation Army specialises in caring for the elderly and will step up this commitment with an extra four residential centres as part of a new national agenda for aged care. Photo: James Horan

Ageing with dignity.

Vulnerable elderly the focus of Salvos' new national aged care agenda

WORDS BILL SIMPSON

Hundreds of additional individual living units for older people vulnerable to homelessness are the centrepiece of The Salvation Army's new national agenda for aged care. The new agenda, says Chief Secretary Colonel Mark Campbell, provides "... renewed focus on serving the most vulnerable people in our society – ageing Australians who find themselves homeless or financially vulnerable".

Four new residential centres will be established to provide up to 200 individual units for older people identified as homeless or in danger of homelessness. The new centres will be built in capital cities or large regional centres, depending on identified need. Two existing centres in Sydney and Melbourne already provide residential aged care living for 160 people.

The new national agenda also includes increasing the number of low-cost rental accommodation units for older Australians from the current 360 units to 700, and a substantial increase from 480 to 2000 in the number of people who will receive in-home care.

Approved by the Territorial Executive Mission Leadership Team, the initiatives are in addition to 20 residential aged care centres (nursing homes), seven retirement villages (independent housing, often within nursing home complexes) and one respite (recovery) centre already operating.

The agenda is being driven by a new-look Salvation Army Aged Care unit, led by National Director Richard de Haast, who was recruited 12 months ago. Richard, 52, was born in Zimbabwe (formerly Rhodesia). His father was the general manager of the first multiracial hotel in Zimbabwe.

His parents' strong social justice leaning influenced ▶



Richard. When the family moved to South Africa at the height of the country's apartheid era, Richard studied for the Catholic priesthood and a law degree. While at university, he was arrested for protesting South Africa's apartheid system.

He followed his father into hotel management, then human resources and recruitment, graduating with a Masters degree in International Hotel Management. In 2000, with his wife Katherine and then four-year-old daughter Rosemary, he moved to New Zealand, working in recruitment and aged care management. He also completed a Masters degree in Business Administration.

The family, which includes a son Gabriel – now 16 – moved to Sydney in 2014 to work in management with the private health fund BUPA. Richard started in The Salvation Army Aged Care role in September last year.

Above: Salvation Army Aged Care centres have brought joy back into many people's lives. Photo: James Horan. **Below:** Salvation Army Aged Care National Director Richard de Haast.



To learn more about The Salvation Army Aged Care services go to: agedcare.salvos.org.au

THE SALVATION ARMY AGED CARE OVERVIEW

Providing a service to over **2500+** residents and clients

Community care

20 Residential aged care centres across New South Wales, Queensland and the Australian Capital Territory

7 Retirement villages

1900+ caring and committed employees

1 Respite and day centre

Chaplains providing dedicated spiritual care at each centre



350+ Active volunteers

"The role with The Salvation Army continues my lifelong experience of working in customer service," he says. "I would say that I have definitely had a calling. It's a calling to serve people. It wasn't meant to be in the priesthood. The calling is to the community.

"With The Salvation Army, I have been given an opportunity to change the way we serve our customers, especially the homeless and vulnerable. I call it muscular Christianity. It's a call to action. It's at the heart of what we are as a Salvation Army."

Richard says he likes to apply a personal 30 per cent rule to any work role. It means he has to feel uncomfortable at least 30 per cent of the time through challenges with job complexity, change, and lots of customers and staff providing pressure.

Aged care in The Salvation Army is undergoing an enormous transition, he says, so there is plenty of scope for the 30 per cent rule to provide the challenge he needs. His personal goal is "to make a difference".

"In The Salvation Army, we have the ability and opportunity to make a difference for elderly people. Providing a home and a community for older Australians is more than just giving them a bed. It's about giving them belonging.

"In aged care, your customers actually live with you. Our job is to go on the journey with them; to show them that they are unique and that we want to provide the best care possible for them.

"Back in February when this journey of change started, I asked Colonel Mark Campbell if he supported what was being proposed. He said it was part of who we are as The Salvation Army; that the way we care for our older Australians was a wonderful expression of who we are." ●

Bill Simpson is a contributing writer for *Others*

Montrose offers hope to broken lives

Having his own unit at The Salvation Army Montrose residential care complex for former homeless men in Sydney is "like living the life of a rich man", according to resident Paul Beecroft. "I'm a lucky man," he says. "I don't deserve this. The people here look after me so well."



Paul Beecroft in his unit at Montrose in Sydney.

Paul is one of 40 or so former homeless men who now have their own unit with ensuite at Montrose, in Sydney's inner-west. Now 70, he has lived at Montrose for the past nine years.

Paul was referred to Montrose from a local hospital, where he was having rehabilitation for alcohol issues. He had been diagnosed as a chronic alcoholic, drinking four litres of wine a day. His alcoholism was a by-product of 21 years working with a record company and playing in a rock band.

"The drinking was part of the job and the rock-band culture," he says. "I had lots of drunken issues and always ended up in hospital. After one of my rehab sessions, the hospital told me I couldn't go home because I didn't have anybody to look after me. They referred me to Montrose.

"I said I didn't want to go to a nursing home. This [Montrose] isn't a nursing home. I've got my own place here. I used to have a couple of drinks when I first came here, but I haven't had a drink for two years now."

Another resident, Robert Marchesi, has been at Montrose for four years. He, too, had alcohol issues and was evicted from his public housing

home after getting behind in his rent. Previously, he spent three years living on the street.

Now 68, Robert was referred to Montrose by a case worker. He says he hasn't touched alcohol since he moved into Montrose. "I like it here," he says. "I've got my own TV, bed, bathroom and I get a good feed every day. It's better than living on the street."

Montrose manager Trudi Clinton says most of the men at the centre have mental health or behavioural issues – many caused by addictions – and a homeless background. They come from off the street or hospital, the judicial system or other agency referral.

Montrose is residential aged care, although about half the residents are under 65. Low 50s is a minimum. Residents have their meals provided and cleaning and washing done. Their medication is also managed and activities – internal and external – arranged.

– Bill Simpson

Groundbreaking change to officership in Australia

Eva Burrows College to train 'specialist officers'

WORDS LAUREN MARTIN

In an Australia Territory first, a new specialised Salvation Army officer role has been created. Called 'Social and Community Services Officer', it will allow people to train as an officer for one specific area and serve their appointments in that area only.

"This is a major change that is supported by International Headquarters and is an exciting opportunity for us to develop different pathways of officership," said Australia Territory Secretary for Personnel Lieutenant-Colonel Kelvin Merrett.

In order to prepare for the specific training required for this role, Eva Burrows College has developed a new pathway for Salvationists who sense God's leading towards the field of social and community services and full-time service as an officer. After training, they will be commissioned as a Salvation Army officer and, like all officers, they will make themselves available to serve anywhere in the new Australia Territory, but exclusively in social and community services appointments.

"While officership typically requires people to generalise in a wide range of areas, now there is an opportunity to train as an officer for one specific area and have confidence that this is where you will be appointed," said Eva Burrows College Leader of Officer Formation Captain Richard Parker. "Our new approach allows leaders to be equipped to serve as an officer in their areas of gifting and passion. It also allows for highly individualised training,

resulting in officers who are especially equipped for a challenging yet rewarding ministry in social and community services."

The Salvation Army will commence training with three cadet positions in 2020 for this opportunity to serve as a specialised officer. The requirements for those wanting to apply are the same as anyone who expresses an interest in becoming a Salvation Army cadet, although the new pathway will offer specialised training for social and community services while also covering all essential officer training.

"... now there is an opportunity to train as an officer for one specific area and have confidence that this is where you will be appointed."

Alternate Training Mode Coordinator Captain Andrew Walton said it's an exciting opportunity for future leaders of The Salvation Army and is the first step in creating more pathways to officership. "We hope to further diversify training into other specialised modes of officership in the not too distant future to help us minister to more people, more effectively," he said.

People interested in applying for one of the first three cadet positions to start their training in the 2020 intake at Eva Burrows College can contact Captain Walton at: andrew.walton@salvationarmy.org.au

Australia Territory appointment changes.

The Salvation Army in Australia has announced appointment changes, effective from 8 January 2020 (unless otherwise stated). The appointments have been approved and issued by the Territorial Commander, Commissioner Robert Donaldson. Please pray for these officers and their families, especially those who are preparing to move and take up new challenges, along with the corps and centres that will be receiving new officer personnel across Australia.

Territorial Headquarters

OFFICE OF THE TERRITORIAL LEADERS

Major Barry **Casey** – Secretary for Spiritual Life Development.
Major Rosslyn **Casey** – Secretary for Spiritual Life Development.

OFFICE OF THE CHIEF SECRETARY

Major Darren **Elkington** – Executive Officer.

OFFICE OF THE SECRETARY FOR COMMUNICATIONS

Major Brad **Halse** – Territorial Communications Consultant.
Government Relations
Major Paul **Hateley** – Head of Government Relations.
Fundraising
Major Darrell **Slater** – Honoured Friends Coordinator, NSW/ACT, Qld.

OFFICE OF THE SECRETARY FOR MISSION

Community Engagement
Captain Claire **Emerton** – Community Services Specialist.
Mission Support
Captain Robyn **Lorimer** – Positive Lifestyle Program, National Coordinator (Effective 14 Oct).

OFFICE OF THE SECRETARY FOR PERSONNEL

Eva Burrows College - Higher Education
Major Adam **Couchman** – Eva Burrows College, Lecturer.
Officer Personnel
Major Megan **Couchman** – Executive Officer, Administration.
Major Geneen **Wright** – Project Officer, Officer Personnel.
Major Craig **Walker** – THQ Redfern, Chaplain (Concurrent).

NSW/ACT

DIVISIONAL HEADQUARTERS

Major Gavin **Watts** – Area Officer, Sydney Wide.
Major Sue **Davies** – Assistant Divisional Support Officer.
Officer Personnel
Captain Vanessa **Garven** – Officer Personnel Secretary (Effective 12 Oct).
Major Craig **Walker** – Retired Officers Chaplain, Sth NSW & ACT (Concurrent).

CHAPLAINCY

Major Denis **White** – Broken Hill, Rural Chaplain.
Major Kathleen **White** – Broken Hill, Rural Chaplain.
Captain Shirley **Spooner** – Carpenter Court Aged Care, Chaplain.
Major David **Pullen** – Employment Plus - ACT & Monaro, Chaplain (Concurrent).
Major Melba **Crisostomo** – Elizabeth Jenkins Place, Aged Care Centre, Chaplain.
Major Hector **Crisostomo** – Pacific Lodge Aged Care Centre Sydney, Director of Mission & Chaplain.
Major David **Pullen** – Salvos Stores – ACT & Monaro, Chaplain (Concurrent).

FAITH COMMUNITIES DEVELOPMENT

Major Bryce **Davies** – Faith Communities Development Coordinator (Concurrent) (Title change).

CORPS

Lieutenant Kate **Cathcart** – Bathurst/Orange, Corps Officer, Team Leader.
Captain Louise **Beamish** – Blacktown, Corps Officer. ▶

Major Karen **Flemming** – Campsie, Assistant Corps Officer.
 Captain Leanne **Bennett** – Cardiff, Corps Officer.
 Captain Peter **Bennett** – Cardiff, Corps Officer.
 Major Wendy Sue **Swann** – Cessnock, Corps Officer.
 Appointment to be announced – Deniliquin, Corps Officer.
 Oversighted from Rouse Hill Region – Dural.
 Captain Sandra **Walmsley** – Forbes/Parkes, Corps Officer.
 Captain Carole **Smith** – Gosford, Corps Officer.
 Major June **Grice** – Grafton, Corps Officer (Pro Tem).
 Major Russell **Grice** – Grafton, Corps Officer (Pro Tem).
 Lesley **Ward** – Griffith, Ministry Assistant (Oversight of Leeton).
 Captain Darren **Kingston** – Macquarie Fields Mission, Team Member.
 Lieutenant Maryanne **Lovering** – Oran Park to Badgerys Creek, Team Member.
 Major Melanie-Anne **Holland** – Oran Park to Badgerys Creek, Team Leader.
 Appointment to be announced – Orange, Ministry Assistant.
 Captain Joel **Soper** – Raymond Terrace, Corps Officer.
 Major Yolande **Soper** – Raymond Terrace, Corps Officer.
 Appointment to be announced – Singleton, Corps Officer.
 Captain Harriet **Farquhar** – Tamworth, Corps Officer.
 Cadet* Alice **Edge** – Tarrawanna, Corps Officer, Team Member.

Appointment to be announced – Tenterfield, Corps Officer.
 Auxiliary-Lieutenant Tracey **Iles** – Westlakes, Corps Officer.
 Lieutenant Cameron **Lovering** – Appointment to be announced.
 Majors Glenn & Julia **Price** – Appointment to be announced.

Queensland

DIVISIONAL HEADQUARTERS

Major Russell **McLeod** – Divisional Support Officer (Effective July 2020).

CHAPLAINCY

Major Grant **Kingston-Kerr** – Chaplaincy Team Leader (Social Mission Program Chaplains, NSW/ACT & Qld).
 Major Derek **Whitehouse** – Queensland Fire & Emergency Services, Chaplaincy Team Leader.
 Major Rowena **Smith** – Riverview Gardens Aged Care Centre, Director of Mission and Chaplain.

FAITH COMMUNITIES DEVELOPMENT

Major Colin **Hopper** – Faith Communities Development Coordinator (Effective 14 Oct).

STRATEGIC EMERGENCY AND DISASTER MANAGEMENT

Major Sue **Hopper** – Strategic Emergency & Disaster Management Specialist (Effective 14 Oct).

CORPS

Lieutenant Dee **Churchill** – Gympie, Corps Officer (Effective July 2020).

Lieutenant Zak **Churchill** – Gympie, Corps Officer (Effective July 2020).
 International Appointment – Redcliffe City, Corps Officer.
 Major Chris **Cohen** – South Brisbane & Gold Coast, Community Support Officer (Effective 1 Oct).

South Australia/Northern Territory

DIVISIONAL HEADQUARTERS

Captain Lance **Jeffrey** – Divisional Commander.
 Appointment to be filled – Divisional Support Officer.
Officer Personnel
 Captain Anne **Jeffrey** – Officer Personnel Secretary.
Chaplaincy
 Major Jennifer **Anderson** – Chaplaincy Team Leader (Concurrent).
 Captain Lynn **Boughton** – Playford Court, Chaplain, (Concurrent).
 Major Jeff **Waller** – Salvos Stores, Chaplain.
 Captain Lynn **Boughton** – Towards Independence, Chaplain (Concurrent).

STRATEGIC EMERGENCY AND DISASTER MANAGEMENT

Major David **Boughton** – State Emergency Services, Coordinator.

CORPS

Captain Dean **Clutterbuck** – Alice Springs, Corps Officer.
 Captain Rhonda **Clutterbuck** – Alice Springs, Corps Officer.
 Captain Jordan **Innes** – Golden Grove, Corps Officer.
 Captain Sarah **Innes** – Golden Grove, Corps Officer.
 Lieutenant Jacqueline **Gluyas** – Ingle Farm, Corps Officer.
 Lieutenant Matt **Gluyas** – Ingle Farm, Corps Officer.
 Cadet* Andrea **Wayman** – Mount Barker, Corps Officer.
 Cadet* Daniel **Wayman** – Mount Barker, Corps Officer.
 Captain Judy **Shaw** – Mount Gambier / Millicent Circuit Ministry, Corps Officer.
 Captain Darren **Lloyd** – Port Lincoln, Corps Officer.
 Lieutenant Adrian **Hamond** – Tea Tree Gully, Corps Officer.
 Lieutenant Lydia **Hamond** – Tea Tree Gully, Corps Officer.
 Captain Patsy **Shadbolt** – Whyalla, Corps Officer.

Tasmania

CORPS

Cadet* Craig **Boyd** – Carlton, Corps Officer.
 Cadet* Jessica **Frost-Boyd** – Carlton, Corps Officer.

Victoria

DIVISIONAL HEADQUARTERS

Major Adye **Viney** – Area Officer, South West (Concurrent).
 Major Kaye **Viney** – Area Officer, South West.
 Major Jenni **Frost** – Area Officer, North East (Concurrent).
 Major Lindsay **Frost** – Area Officer, North East

OFFICER PERSONNEL

Major Jenni **Frost** – Officer Personnel Secretary, Victoria, Team Member (Concurrent).
 Major Rhys **Spiller** – Officer Personnel Secretary, Victoria, Team Leader.

CHAPLAINCY

Major Janette **Shepherd** – James Barker House, Chaplain.
 Lieutenant Gemma **Keogh** – Children’s Court, Melbourne, Chaplain.
 Major Kylie **Kop** – SalvoCare Eastern, Gateways, Melbourne, Chaplain.
 Major Nigel **MacDonald** – Salvos Stores, Chaplain.
 Captain Chris **Footer** – Salvos Stores, Chaplain.

COMMUNICATIONS – PUBLIC RELATIONS

Major Mark **Kop** – Assistant Public Relations Secretary.

CORPS

Appointment to be announced – Ballarat, Assistant Officers.
 International Appointment – Box Hill, Corps Officer.
 Cadet* Paul **Trotter** – Brunswick, Corps Officer, Team Member.
 Captain Annita **Allman** – Castlemaine, Corps Officer.
 Captain David **Allman** – Castlemaine, Corps Officer.
 Captain Susan **Lamotte** – Craigieburn, Corps Officer, Team Member.
 Captain Fleur **Hodge** – Dandenong, Corps Officer, Team Leader.
 Captain Alison **Footer** – Greensborough, Corps Officer, Team Leader.
 Cadet* Min-Hwan (Min) **Oh** – Greensborough, Corps Officer, Team Member.
 Cadet* Hye-Sun (Sunny) **Seol** – Greensborough, Corps Officer, Team Member.
 Lieutenant Laronie **Thompson** – Kaniva / Broughton, Corps Officer (Effective 11 Dec).
 Cadet* Henry **Roehrig** – Kingston City, Corps Officer, Team Member.
 Captain Amy **Stobie** – Maryborough, Corps Officer.
 Captain Ronald **Stobie** – Maryborough, Corps Officer.
 Captain Joy **Crowden** – Melbourne Project 614, Corps Officer, Team Member.
 Appointment to be announced – Mitcham.
 Major Andrew **Jarvey** – Moreland City, Corps Officer.
 Major Diane **Jarvey** – Moreland City, Corps Officer.
 Appointment to be announced – Mornington, Corps Officer.
 Captain Lilian **Platts** – Preston, Corps Officer, Team Member.
 Appointment to be filled – Sale, Corps Officer.
 Major Clinton **Castley** – South Barwon, Corps Officer.
 Major Karen **Castley** – South Barwon, Corps Officer.
 Oversight from Preston Corps – Thornbury Corps.
 Appointment to be announced – Westernport Mission Centre, Corps Officer.
 Captain Amy **Jones** – Wonthaggi, Corps Officer.

Western Australia

CHAPLAINCY

Major Pam **Marshall** – Karratha Refuge (Women and Children), Chaplain (Concurrent).

MISSION SUPPORT

Appointment to be announced – Children’s Secretary.
 Appointment to be announced – Youth and Young Adults Secretary (DYS).

CORPS

Appointment to be filled – Avon Valley, Corps Officers.
 Captain Daniel **Templeman-Twells** – Floreat, Corps Officer.
 Captain Melissa **Templeman-Twells** – Floreat, Corps Officer.
 Major Lyn **Jones** – Subiaco Mission (Additional Appointment).
 Major Pam **Marshall** – Karratha, Corps Officer (Concurrent).
 Appointment to be filled – Perth Fortress, Corps Officers.

Officers serving overseas

OVERSEAS/EXCHANGE OFFICERS

Major Mal **Davies** – Editor-In-Chief (Primary) & Assistant Secretary for Communications & Publishing Secretary, THQ, United Kingdom with the Republic of Ireland Territory.
 Major Tracey **Davies** – Learning & Development Officer (Officer Programmes), based at William Booth College, United Kingdom with the Republic of Ireland Territory.
 Lieutenant Paul **Anastasiou** – Returning to Greece.
 Lieutenant Rachal **Anastasiou** – Returning to Greece.

Retirements

RETIRING BY 1 FEBRUARY 2020

Major Elaine **Trendell**, Major Bruce **Robinson**, Major Max **Smith**, Lt-Col Ian **Callander**, Lt-Col Vivien **Callander**, Major Keith **Hampton**, Major Bev **Beeson**, Major Paul **Beeson**, Major Christine **Gee** (returning from overseas service in Papua New Guinea Territory/Solomon Islands), Major Debbie **Hindle**, Major Stephen **Ellis**, Major Alan **Meredith**, Captain Clyde **Colls**.

Definition of terms.

Concurrent appointment: An officer who has two or more appointments, equally shared.

Additional appointment: An officer who has an extra appointment incorporated into the main appointment.

Cadet*: Will be commissioned as a lieutenant.



Nurturing a new mentality.

Mental health recovery begins with breaking down the stigma

WORDS SIMONE WORTHING

This month, Australia marks Mental Health Week, an annual event that focuses on improving community awareness and interest in mental health and wellbeing. World Mental Health Day is marked every year on 10 October.

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The statistics around mental health are alarming. According to the 2007 National Survey of Mental Health and Wellbeing, conducted by the Australian Bureau of Statistics, one in five Australians aged between 16 and 85 (almost four million people) experience one of the common forms of mental illness – anxiety, affective or mood disorders, and substance use disorders – in any given year.

Almost one in two will experience mental illness in their lifetime. Anxiety-related and affective disorders are the most common, striking approximately 14 per cent and 6 per cent, respectively, of adults each year, with about a quarter having more than one disorder.

Yet despite the prevalence of mental illnesses, positive education and awareness campaigns around them, and additional resources being made available, there is still too often a stigma attached to having a mental illness, or certain stereotypes and assumptions applied to those suffering these conditions.

This stigma can be from the person themselves, who may feel like they have failed or can't cope with life; from the person's family or friends who think they should just 'snap out of it'; or from the broader community.

Colleen Morris, a counsellor and family therapist based in Melbourne, says that as human beings, we all have our limits and none of us are immune from suffering some degree of anxiety, depression or a decline in our mental health at some point in our lives. "It's critically important to break down the stigma around mental health and realise that our common denominator is our humanity and our vulnerability and each one of us has our limits," she says.

"It's about trying to normalise mental health and recognising it's something we all have. It's on a continuum and on any given day we all move up or down a bit depending on how we are and what has been or is happening in our lives. It's also about recognising, if we're on the lower end of the continuum, that this doesn't identify us and we can move up, develop healthier traits and work through or manage the role mental health plays in our lives.

"This is a daily battle for people who suffer much more than the average person too, of course. Many people go through years of therapy and ongoing support to come to a place of managing their illness, resolution or healing." ▶

they 'should' do. And hearing someone else's story, knowing that you're not alone, brings hope.

"Additionally, if people feel like they belong in a caring, loving and accepting group and are part of something that values them, they have an identity that is positive and brings a mental health benefit."

While Catherine believes that there is definitely a role for medication and professional help, she says many of the illnesses we experience today have been with us for millennia, but just without a medical label. "Look at Psalm 22 – that is a generalised anxiety disorder right there," she says.

"Contrast, though, the Old Testament model of handling crises. They tore their clothes and sat in sackcloth and ashes in the street. People saw them, came and sat with them and tore their clothes as well. How great would that be; people sharing their stories openly and literally having others right beside them on the journey."

According to Catherine, while the level of mental illness increases in Western and developing countries, it's still not clear whether more illnesses are just being diagnosed or more are actually developing in response to culture and lifestyles. "Either way, there is hope and the power of Jesus for those struggling and overwhelmed with mental health issues, as well as for those trying to walk alongside them," she says.

"During his time on the earth, Jesus experienced many emotions and feelings, including sadness, anger, anguish and fear as he anticipated his approaching death. Jesus is the light of the world – he transforms our sorrows, transforms our lives and becomes the wings with which we can help others. He loves us no matter what we've done and where we've been."

NETWORK OF SUPPORT

The journey of mental illness is one for the entire family and can be a struggle both for those suffering the illness and its effects, and those around them who desperately want to help and see their loved ones recover. Sally, who battled depression for many years and manages it now as part of an active lifestyle, says that family, as well as church, professionals and the community, are all part of the journey of recovery.

"Without one of those cogs, my recovery wouldn't have been as whole," she says. "A range of supportive networks helps you enter recovery. You might



The Salvation Army offers a range of services for those struggling with mental health issues, which vary according to location. These can include caring and nurturing communities, case workers, counsellors, and referrals. Contact your local Salvation Army for details.

National crisis contact numbers include:

- Emergency - 000
- Beyond Blue - 1300 22 46 36
- Lifeline - 131 114
- Kids Helpline - 1800 551 800

Additional help varies from state to state, and specialised lines are also available for different community groups, including Aboriginal and Torres Strait Islanders, the LGBTI community, non-English speakers, and others. Check online for details.



“*We don't need professional qualifications to listen to someone or share our own story.*”

continue to live with the condition but it doesn't control you anymore and family plays a key role in that."

Colleen says that if a close family member is receiving counselling for a condition, it can be supportive for family members to also go along. This helps in their personal growth and understanding so they don't perpetuate cycles and are part of the support, growth and healing, and not the problem.

"There are different ways that family members can offer support," says Colleen. These include:

- Listen to the person and try to understand their unique situation.
- Come alongside the person, as opposed to confronting them, see how they're going and ask what you can do to support them.
- Be gentle, kind, caring, committed, sensitive and patient.
- Don't give advice.
- Avoid 'should' and 'need to' statements that can take away the person's already damaged sense of power and control in their own lives.
- Negotiate on how you can help. For example, "Would it be helpful if I made that appointment

for you?" Or, "It sounds like it's hard for you to pick up the phone; can I help here?"

- Be aware of how you're interacting and apologise if needed.
- Take care of yourself too and stay aware of your own journey on the mental health continuum.

Mental health can be very complex, can affect anyone, and is a burgeoning issue in Australia. There is definitely no 'one size fits all' when it comes to recognising issues, diagnoses, getting help, managing conditions, and recovery.

If we can value our own mental health and well-being – and that of those around us – as well as being aware of, sensitive towards, and caring and non-judgemental to those who are struggling with mental health issues, we can be a step in their recovery process and journey to wholeness. ●

Simone Worthing is a staff writer for *Others*

Carindale Corps Officer Captain Krista Andrews relates her journey from darkness and desperation to a place of mental wellbeing. ▶



Carindale Corps Officers Captains Krista and Tim Andrews with their children. The Canadian family have been serving in Australia since January last year.

Running to God's pace.

My journey out of darkness and desperation to a place of mental wellbeing, physical health and spiritual growth

WORDS KRISTA ANDREWS

As a child growing up in Canada, I was never an athlete. I was naturally clumsy, awkward and uncoordinated. My sister, on the other hand, was the athletic rock star of the family. I began to feel I just wasn't built for physical activity and instead turned to music, fashion and anything that sparkled as my outlet. I was quite happy and comfortable in this space. Then life happened.

As a young Salvation Army officer, life was plodding along as my husband and I fully engaged in ministry. Suddenly, I was also the mother of three young children, ministering to a congregation I felt I couldn't handle. My life was out of balance and I didn't know who I was anymore.

I loved my life and ministry and I'm usually quite self-aware, but what I didn't realise was that my perpetual busyness and scheduled life was putting my soul at risk. Loving people is one of my gifts, but unchecked it was slowly destroying me. I was dying inside. I was constantly tired, binge eating, irritated with my kids, frazzled in ministry, motionless in my faith journey and feeling defective in the journey I thought God had called me to.

I started to lose the ability to keep myself in check and was petrified of myself. The weight of all that was flooding my everyday living and chipping away at my joy, my identity, who I was and who I wanted to be. I wasn't coping and was becoming unhinged.

One morning I woke up and actually didn't recognise

the space I was in. I decided to run away, literally, as it seemed my best option. So I put on my running shoes, stepped out the front door and began to run.

We were living in St John's, Newfoundland, and I ran towards the ocean. When I got there I just sat, alone with God and scared. I told him that I didn't know who I was anymore and asked him what it was that he wanted me to do. Hebrews 12 came into my heart (*The Message* translation is amazing), especially where it talks about focusing on what Jesus did, and how "... that will shoot adrenalin into your souls".

In that moment, I needed something to grab hold of that was mine, because I felt I didn't have control over anything else. I grabbed that portion of Scripture, realised that I needed to get real with my physical and emotional wellbeing and started to set some goals.

RENEWED CONFIDENCE

What began as a diversion that allowed me to step away from the darkness I felt, quickly became a journey of spiritual awakening and self-discovery. My now-regular morning runs gave me the space to clear my head, wrestle with God, work through my calling and focus on self (something that I had always felt guilty about).

God was revealing himself to me in ways I just couldn't have imagined. I think running was the only way he could get me to be alone with him and to show me what it means to walk with him at the ▶



body took in; register for a 10-mile (16km) race and run a half-marathon (21.1km). All three goals were completed by September 2017, which meant it was time to tackle the next natural step – run a marathon (42.1km).

The London Marathon was a perfect option where my love of running could connect with my calling. I joined The Salvation Army UK Team that was taking part in the race and began raising funds for its fight against homelessness. The added bonus? My parents, General Brian Peddle and Commissioner Rosalie Peddle, lived in London. The logistics were perfect.

Training for the London Marathon was more intense than I could have imagined. It meant balancing training with a busy family and ministry schedule, which translated to 5.30am runs four to five days a week. I made a commitment to my husband, Tim, that I would maintain our ministry time, our family time and our time together. I was determined, too, to change the way I lived.

The training also meant facing the elements in Newfoundland during the winter months – snow, sleet, wind and below-freezing temperatures. It meant carefully following an intense training schedule, tracking and studying mileage and pushing my body beyond its assumed limits. But with the help of my family and the support of my community, I kept pace, completing runs and raising funds. I found a rhythm that created a beautiful space in my family, my ministry and my faith journey.

pace of grace – which essentially, is love. I began to discover this pace, and as God dealt with me internally and brought me closer to him, the act of running began changing me externally. My energy levels increased, I got stronger and faster and a deep sense of accomplishment gave renewed confidence in my abilities towards motherhood and ministry.

The physical, though, had to come first. It was something I could tangibly measure and work with. By getting control of the physical, I was getting ready to work on my other issues. God was helping me create a balance I didn't know I needed.

In the (northern) winter of 2017, I set three personal goals: I wanted to start paying attention to what my

“
*It's often when the demands of life
 become so great that we lose ourselves
 in the journey and don't recognise
 ourselves anymore.*
 ”



◀ **Opposite page:** Krista and her husband Tim have been Corps Officers at Carindale since January 2018. **Left:** Krista (second from left) with fellow mentor Lauren Martin and Papua New Guinea runners from the Hope and a Future program. **Above:** Krista at the starting line of the London Marathon.

JOY REDISCOVERED

The day of the marathon was the hottest for the event on record. After an extremely difficult first 16km, the indescribable encouragement of people along the marathon route calling out my name infused me with energy and strength. I knew I was going to make it.

As I approached the finish line I saw my parents. Their pride for me filled my heart with a deep sense of achievement. I crossed the finish line in tears – the emotions raw and real. I had accomplished something that I never thought possible.

This represented so much more than checking off something on the bucket list. It was a game-changer that refocused my life on so many levels. It mobilised me in ways I didn't know were possible and helped me raise important funds for a cause close to my heart. The whole experience set me on a path of wholeness and wellness where I have come to understand a rhythm that is aligned with the pace of grace.

I can now live in the present without perfection. I know who I am in Christ and am learning to keep myself in check, and balance my ministry, personal life and goals, and time with God. I am real with the people I serve, which has been the most freeing.

I have rediscovered joy in doing the things I am gifted in, and the beauty in recognising the gifts and capacities of others.

Tim and I firmly believe that this whole experience was preparing us for our surprise move to Australia in January 2018. On our first Sunday at Carindale we told our new congregation about our journey and shared some reflections, assuring them that we'd never been in a better space in our marriage, as an officer couple and as a family. We're living holistically – body, mind, soul and spirit.

It's often when the demands of life become so great that we lose ourselves in the journey and don't recognise ourselves anymore. Knowing the person God created us to be is the greatest asset we have, and discovering – or rediscovering – who we are with God is the foundation of who we are. Knowing this has enabled me to align myself with God. Next April, I am running the London Marathon again. My new goal is to do it in less than four hours. The journey continues. ●

.....
 Captain Krista Andrews is Corps Officer at Carindale Salvation Army in Brisbane, Queensland.



01.

TERMINATOR: DARK FATE

Rating: M

Release date: 31 October



ARNOLD SCHWARZENEGGER RETURNS IN his most famous role as ‘The Terminator’, with the release of the sixth film in the franchise, *Terminator: Dark Fate*. The movie is designed by franchise creator James Cameron as a direct sequel to *Terminator 2*, effectively wiping out the more bizarre storylines that followed.

Linda Hamilton returns as Sarah Connor, the original champion of humanity, alongside Schwarzenegger’s much-aged Terminator. There are new time-travelling killers to combat, but what hasn’t changed is the film’s goal. The *Terminator* series has been attempting to deal with an

impending global catastrophe – ‘Judgment Day’ – since its beginning. How we’ve related to that horror, though, has altered over the franchise’s history, saying much about our own preparedness to face a reckoning.

In the original *Terminator*, there was no attempt made to avert the future. Humanity only hoped to survive the nuclear holocaust, and the hell-bent machines created from its own hubris. By the 1990s, though, judgment is no longer a certainty. A young John Connor (Sarah’s son) finds “NO FATE” carved into a tabletop, and remembers his mother’s oft-quoted saying: “The future’s not set. There’s no fate but what we make for ourselves.” And so the goal attitude shifts from surviving Judgment Day to avoiding it altogether. By the end of *Terminator 2*, our heroes seem to have erased humanity’s unhappy future. Yet *Terminator 3* upsets that victory, with the Terminator delivering the bad news:

John Connor: “No, you shouldn’t exist. We took out Cyberdyne over 10 years ago. We stopped Judgment Day.”
Terminator: “You only postponed it. Judgment Day is inevitable.”

The series of time-battles stretching over three more films seems to underline

Arnie’s truth. So much so that in the new *Dark Fate*, Sarah’s credentials now rest not on preventing judgment but pushing it off. “My name is Sarah Connor. August 29th, 1997, was supposed to be Judgment Day. But I changed the future. Saved three billion lives. Enough of a resumé for you?” But in reality, is Judgment Day something we’d really like to avoid? Sadly, much of the Christian world agrees.

For many years now, messages about a day of judgment followed by eternal punishment for those who’ve ignored God have been slipping from sermons. It’s the understandable result of wanting to magnify the love of God for a world gone wrong. Yet you can’t tell someone about the love that led Jesus to the cross, without also explaining his need to be there. In fact, doing so puts you at odds with Jesus; the majority of the New Testament’s warnings about Judgment Day come from his own mouth: “The Son of Man will send out his angels, and they will weed out of his kingdom everything that causes sin and all who do evil. They will throw them into the blazing furnace, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Whoever has ears, let them hear” (Matthew 13:41-43).

In fact, declaring the impending judgment of God was Jesus’ way of showing how much he loved the world. Even atheist Penn Jillette gets that: “If you believe that there’s a heaven and a hell, and people could be going to hell or not getting eternal life – how much do you have to hate somebody ... [to] not tell them that?”

So, as another film arrives that preaches humanity’s ability to avoid judgment, it’s worth asking ourselves which character we want to identify with. I think we might do well to stand with Sarah Connor. We know judgment’s coming. Wouldn’t we want our resumé to say, “They played a part in saving as many as could be rescued”? ●



02.

THE LOUDEST VOICE

Rating: M

Channel: Stan



THE LOUDEST VOICE IS A SEVEN-PART series chronicling the rise of one of American conservatism’s most infamous demagogues. Roger Ailes, played by Russell Crowe, was a television-producer-turned-political-advisor who partnered with Rupert Murdoch to create the Fox News Network, honing the platform to counter left-wing news and court the loyalty of a conservative middle class. But what can Australians learn from a show set so far away?

Christian viewers won’t have any trouble condemning Ailes’ actions. Beyond that, though, the immediate temptation

will be to draw parallels with right-wing politicians this side of the equator. They wouldn’t be entirely unjustified; Rupert Murdoch’s conservative agenda has flourished in southern as well as northern soils. However, that would overlook two important points. The first is that the series is to some degree a leftist take on the right’s sins. The second is that progressive pundits arguably hold more sway in the Australian news media, and the same devil might simply be wearing different colours over here. Besides, confining the criticism to media newsrooms conveniently lets you and me off the hook.

What makes audiences hunger for Ailes’ downfall is a personality that’s familiar to both sides of politics and found in every workplace. Crowe’s character is a bully. He muscles people into seeing the world his way and threatens those who disagree, exploding when challenged. He is a ‘self-made man’ who is convinced of the value of his own opinion. But he isn’t right, just louder – the loudest voice in the room. And that should give even Christians pause for thought.

It’s so easy to walk in Ailes’ footsteps. We can make a habit of mentally rewriting and rehearsing our stories so that we are

always the victims. Pursued in the media and criticised by an ungodly culture, our self-righteousness can be so personally comforting and powerfully justifying, that we can easily find ourselves mocking our opponents while demanding ‘fair treatment’, and comparing ourselves favourably to the world around us, while leaning on our car horns.

The Book of Ecclesiastes was written by King Solomon, the wisest man in the ancient world. His approach to anger is as stark as it is accurate: “Anger resides in the lap of fools” (Ecclesiastes 7:9). The believer who makes a home for anger in their lives is a fool, because anger leads to foolish behaviour.

Pastor Ray Galea is a passionate advocate for the Gospel, who is well aware of where unchecked passion leads. He once warned a conference I was attending, “Your anger is always worse than the thing you’re angry at.” And he has been right too many times than I’d like to count. Anger at others’ failings has often revealed the worst side of my character. Yet anger is as addictive as it is enticing, and it threatens to surface at a moment’s notice because its roots lie in our refusal to be content with what God provides. Loudly expressed or silently seething, it flows from our frustration. We are angry because the world isn’t the shape we want it to be.

Yet the same Bible that makes room for Ecclesiastes also adds a frank reality check. We need help to become satisfied. We need to deflate our egos and apply to the only one capable of reshaping us: “What causes fights and quarrels among you? Don’t they come from your desires that battle within you? ... You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God” (James 4:1-2). ●

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Mark Hadley is the culture writer for *Others* and is one of Australia’s leading Christian communicators.
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Listen

INTERNATIONAL STAFF BAND

PULSE



The Salvation Army International Staff Band (ISB) is one of the most recorded brass bands in the world. Its latest

recording of new works, *Pulse*, adds to an incredible library of unique music.

It is always wonderful to hear inspired music, but not always easy to ascertain whether it will be usable by local bands, as the ISB plays even the most difficult music with ease. Steven Ponsford has two pieces here. The first, 'Let There Be Light', is a bright opener built around Genesis 1:3, and the song 'Here I Am to Worship'. The second work, 'The Armour of God', is made up of six parts built around the teaching in Ephesians 6.

Paul Sharman's compositions also feature twice. The first, a cornet solo, 'Compelled!', is skilfully and melodically played by Carl Nielsen. The second, 'At the Cross', is the highlight of the recording for me, a piece built around a beautiful treatment of the song 'At the Cross Where I First Saw the Light'.

Other works include 'Pulse', by Martin Cordner, that sounds like it could easily be the finale of a much bigger work, and 'Still', by Andrew Blyth, a lovely weaving of 'Repton', 'Be Still' and 'Hide Me Now'. 'He Watches', by Joel Collier, is another reflective number, while 'The Living God' is a deeply personal work from Dorothy Gates.

The largest work, 'Variations on 'Was Lebet'', is from the pen of Andrew Wainwright. This is a wonderfully triumphant hymn from which five variations have been skilfully crafted and brilliantly played.

Pulse is available from Sydney Salvationist Supplies (1800 634 209) or thetrade.salvos.org.au and Melbourne Salvation Army Supplies (1800 100 018) or commerce.salvationarmy.org.au

– John Collinson

Read

AMY REARDON

IDENTITY REVEALED



The major theme of Colossians – the identity of Christ and our identity in him – is of timeless relevance.

In *Identity Revealed: A devotional study in Colossians*, Major Amy Reardon, a Salvation Army officer based in Seattle, explains with both substance and style what it means to find your worth and purpose in Christ.

The book is peppered with illustrations, most of which translate well to Australian readers. I was challenged by her suggestion that we relinquish the title 'sinner saved by grace' in favour of titles that reflect our present identity as God's children, and who we are becoming in Christ. This book will appeal to Christians seeking to add further knowledge and understanding to their daily Bible reading.

The thoughtful reflection questions at the end of each chapter will be helpful to small group leaders. Major Reardon has also written a devotional book in Hebrews, and other titles in this series include the *Sermon on the Mount* and *Philippians*.

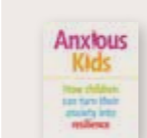
Identity Revealed is available from Sydney Salvationist Supplies (1800 634 209) or thetrade.salvos.org.au and Melbourne Salvation Army Supplies (1800 100 018) or commerce.salvationarmy.org.au

– Claire Watson

Read

DR. JODI RICHARDSON AND MICHAEL GROSE

ANXIOUS KIDS



Anxious Kids – How Children Can Turn Their Anxiety Into Resilience is a go-to manual for parents on how to support their

children in the anxiety-provoking society we live in.

Throughout the chapters, Dr Jodi Richardson and Michael Grose provide an overview of the way the brain is affected by anxiety. Their ability to destigmatise mental health issues, while also educating us on the way our kids are affected by anxiety, is second to none, and they provide hands-on tools that you can use to support your family or young people.

From school stress and nightmares to screen time, *Anxious Kids* is a book every parent needs on their shelf, to find some encouragement and advice when we need a professional on hand. As a children's counsellor, I wouldn't hesitate to use this as a guide for my clients and their families.

Anxious Kids is available at major bookstores and online.

– Rachel Morris

To read more reviews on books, music, movies and television shows, go to others.org.au



Bushfire crisis brings out best in volunteers

AN ARMY OF VOLUNTEERS turned out in force last month to assist people impacted by the recent bushfire emergencies in Northern NSW and South-East Queensland.

Salvation Army Emergency Services (SAES) teams were active in Tenterfield and Dorrigo in NSW's north, and the Stanthorpe/Ballandean area in Queensland's south, as well as Gold Coast Hinterland and Sunshine Coast.

More than 6000 meals were served in Queensland alone.

Adam Cole, The Salvation Army Strategic Emergency and Disaster Management Coordinator for Queensland, said volunteers from a number of Sunshine Coast corps put in "an amazing effort" supporting Queensland fire crews 24 hours a day for three days during the Peregrin Beach fire emergency.

Adam urged Salvationists across Australia to pray for rain: "It is very, very early for this to be happening. The reality is, the drought is exacerbating the situation. We are seeing fires that I've not seen before, so it's very, very concerning for the season. We just want to thank everyone who's been involved and is likely to continue to be involved as the fire season progresses."

Prime Minister Scott Morrison and other dignitaries visited the Canungra fire staging ground (Gold Coast Hinterland) and thanked Salvation Army volunteers serving meals there.

"These natural disasters always have the most terrible of impacts, but they bring out the best of Australians in every



Salvation Army Emergency Services volunteers at Tenterfield in Northern NSW with Tenterfield Corps Officer Major Yolande Soper (right.)



Salvation Army volunteers on the barbeque at Canungra.



A roster of volunteers worked 24 hours a day to cater for firefighters battling blazes on Queensland's Sunshine Coast.

aspect," said Mr Morrison after visiting SAES workers.

In NSW, SAES volunteers from Coffs Harbour supported the firefighters at Dorrigo and a crew of mostly community members from Tenterfield, supported by Corps Officers Major Yolande and Captain Joel Soper. They fed firefighters and other emergency services

personnel for an extended period as they worked to contain bushfires in the area.

"I am humbled and blown away by the willingness of our volunteers to step up in times of crisis," said Norm Archer, The Army's Strategic Emergency and Disaster Management Coordinator for NSW/ACT.

The Army's General Manager

of Strategic Emergency and Disaster Management, Major Topher Holland, said the quick response of the SAES had only been made possible by the support of disaster partner, Woolworths and the S.T.A.N.D (Support Through Australian Natural Disasters) initiative.

– Lauren Martin

Big 50 Walk in the Shire strides out for justice

MORE THAN 160 PEOPLE TOOK a stroll for justice in Sydney last month, stepping out for The Salvation Army's annual 'Big 50 Walk for the Shire' event.

It was the eighth time the walk has been held, raising awareness of domestic violence and funds to support services that assist people impacted by this growing issue in the southern Sydney region.

Walkers once again had the choice of three distances, 50km, 25km or 5km, to tackle on Saturday 7 September.

Elijah Mercado, 16, walked the full 50km and said he was inspired to help people affected by domestic violence.

"It took me eight hours, but walking to the finish felt great with everyone cheering ... it just felt great," he said.

Many families with young children walked the 5km course, finishing at Miranda



◆ Captain Rebecca Gott and her children walked the 5km route of the Big 50 event, which raises awareness and funds for domestic violence services. Many others dressed up for the event. Photo: Peter Gott

Salvation Army for a sausage sizzle and a bounce on the jumping castle.

Brooke Beattie, dressed as Wonder Woman, took part in the 5km walk with a group of friends who also got dressed up in costumes for the event.

"We did the walk because we feel that The Salvation Army does a lot of work and helps a lot of people and also domestic violence hits close to home for a lot of people," she said.

Miranda Corps Officer Captain Rebecca Gott said some Big 50 walkers had

been doing the event since its inception in 2011.

"They're totally on board with the Salvos and the cause and they just want to make a difference. They gather their friends around them and make it fun," she said. "We also have some people who walk it who have lived this experience and the domestic violence journey themselves and they are so passionate to help others."

Shire Salvos (a group from Miranda and Menai Corps, as well as the nearby Helensburgh Community of Hope) has just

secured a second property to offer transitional housing to women and children leaving violent relationships.

The first property opened in 2017 and is called Samara House, which means 'protected by God'. Rebecca said after praying about the new property, Miranda Salvationists decided to name it Chara House, which means 'joy'.

This year, more than \$20,000 was raised, but donations can still be made at salvationarmy.org.au/big50

– Lauren Martin

Electric truck gives Salvos Stores a sustainable future

SALVOS STORES IS THE FIRST charity retailer in Australia to have an electric vehicle in its distribution fleet, thanks to a generous donation by Australian automotive technology company SEA Electric.

As part of SEA Electric's philanthropic activities, the SEA Foundation has donated an electric vehicle to Salvos

Stores with an estimated value of \$50,000. This electric vehicle emits zero carbon emissions and will help reduce Salvos Stores emissions of carbon dioxide by approximately two tonnes each year (per SEA Electric).

"We're excited to donate this vehicle to The Salvation Army, which will assist them in their future charitable endeavours,"

said SEA Electric Group Managing Director, Tony Fairweather.

Matt Davis, Salvos Stores National Director, said introducing the first electric vehicle into its fleet of trucks is a step to a more sustainable future and a new way of operating a large logistics network.

– Faye Michelson



◆ The new Salvos Stores vehicle donated by SEA Electric.

Funding boost for Katherine Doorways Hub

FOLLOWING A VERY SUCCESSFUL two-year pilot, The Salvation Army Katherine Doorways Hub has received additional funding through an agreement with the Northern Territory Government.

The funding, from the Northern Territory Department of Local Government, Housing and Community, will provide \$550,000 per year for five years, enabling the hub to employ two additional caseworkers. This will extend the program's capacity to case-manage the growing number of community members accessing its services.

"Two years ago, the hub started with a Homelessness Innovation Grant of \$190,000 per year," said Harley Dannatt, Doorways Hub Coordinator.

"This increase within a long-term agreement really validates what we know about this program: that it is needed and



◆ Katherine Doorways Hub group workers (from left) Harley Dannatt, Dean Overall-Jones, Captain Julie Howard, Sonya Hart, Captain Greg Howard, Simon Overall-Jones and Bess Hart.

that we are doing some things really well here.

"We always knew there was a huge gap in Katherine [300km south of Darwin]. It has one of the highest rates of homelessness in the country. We are all really happy that the hub,

this collaborative, innovative, inclusive community space, will now be a permanent fixture and we can focus on making it a bedrock of foundational resources for the most troubled in this community."

Harley also said the hub's

environment enabled people to feel safe, accepted and confident about seeking help for whatever difficulty they were facing.

"This has been a key to the success of Hub Support, our case management program," he said. "People expect help and we are happy to provide it. It's terrific that we will be extending this work."

Each day, between 80-100 people come through the doors of the hub, with at least two days per week seeing more than 100. As well as case management, community members access showers, washing machines and dryers, lunches and snacks, and a safe area for relaxing. They can also engage the services of other local agencies who come to the hub, such as legal and medical services, financial counsellors and the women's crisis centre.

– Simone Worthing

Flying padre honoured for role in Christmas Eve boating rescue

LIEUTENANT SIMON STEELE, flying padre with The Salvation Army Outback Flying Service based in Mount Isa, was one of a group of four people who received the 2019 Royal Flying Doctor Service (RFDS) Queensland Local Hero Award.

The four were honoured for their quick thinking and level-headed response to a Christmas Eve boating accident last year that ultimately saved the lives of three people.

They had already received the RFDS Local Hero award in Mount Isa for their response to this accident and were chosen



◆ Lieutenant Simon Steele responds to an urgent call for help on Christmas Eve 2018 after a serious boating accident near Mount Isa.

from nine recipients of Local Hero awards from around Queensland for the state award.

Simon and his friend Jim Lillecrapp were first on the scene of the accident at Lake Julius, 70km north-east of

Mount Isa. They encountered a family of three whose boat had collided with an underwater log, resulting in serious and life-threatening injuries to three of them. Simon, Jim and Lake Julius couple Belinda and

Robert Worlein acted quickly, enabling the injured people to get treatment and be airlifted to hospital.

Simon accepted the award on behalf of the group at the RFDS Gala Ball in Brisbane.

Simon said the event had brought the Mount Isa community together and people were now more aware of the Army's Outback Flying Service.

"It really showed what The Salvation Army can do, and we are so blessed with the resources the Army gives us for this ministry," he said.

– Simone Worthing

Moonee Valley Recovery Church continues to restore broken lives



◆ **Above:** Members of the Moonee Valley Salvos Recovery Church after one of their weekly meetings. **Below:** Brian Reardon, who has been attending Recovery Church for the past three years.



WHEN MOONEE VALLEY SALVOS in Melbourne swung open the doors to 'Recovery Church' in 2014, Lieutenant Erin Mains believed it had the potential to dramatically change lives.

Five years later, it has done more than empower people to overcome addiction – it has restored families, paved the way to faith and given people a reason to live again.

Set up as "a meal and conversation rather than a traditional meeting", Erin and her team went through months of training to create an inclusive environment for attendees.

A church service follows the meal, which is interactive, with the message promoting a new understanding of recovery, addiction, self and Jesus.

This was the environment Brian Reardon and his wife were welcomed into on their

first day at Recovery Church three years ago.

"I was addicted to drugs and alcohol for 37 years. I tried every program known to man and it didn't work," Brian said.

"As far as I was concerned, I believed I was going to hell, and I didn't deserve any better. But when I arrived [at Recovery Church] the only seats available were at the front. They started to sing and it was beautiful. I've been coming back every week.

"I had no soul and Recovery Church turned [me] into a

person trying to do the right thing by others. I want to live by the Lord's commands, give hope and encourage others."

Brian completed his certificate 4 in Drugs and Alcohol and now works for The Salvation Army at Brunswick.

Recovery Church messages are prepared by a rotating roster of Salvationists and chaplains and, in addition to the Gospel, revolve around strategies for resilience, coping with triggers and building community.

"We have people come from Foley House [residential care], Flagstaff, Bridgehaven, The Open Door and James Barker House," said Erin. "We simply want to help people who are lonely, depressed or who experience addiction to come back into community and find somewhere they belong."

– Jessica Morris

Red Shield Appeal hits the national mark

IN ITS FIRST YEAR AS AN Australia Territory event, The Salvation Army 2019 Red Shield Appeal raised nearly \$78 million, including \$6.7m through the Community Doorknock campaign between 13 May and 2 June.

"This is an amazing result, given the amount of change The Salvation Army has gone through this year," Salvation Army Head of Fundraising Janine Kewming said.

"The Red Shield Appeal creates a unique platform for The Salvation Army to tell its story. Our massive army of volunteers are walking advocates of our mission and we can't thank them enough for their commitment."

As announced at the Still Others conference last year, The Red Shield Appeal initiative has now come into effect and 80 per cent of the money raised during the Community Doorknock campaign will go back to the corps and ministry expressions to fund corps community engagement.

"We anticipate up to about \$3.7 million to be released directly to the corps and local mission expressions over the coming months," said Chief Secretary Colonel Mark Campbell.

"What a fantastic effort everyone! I want to thank each and every person who contributed in any way, shape or form to the appeal."

The National Red Shield Appeal total was \$77,957,326, and Community Fundraising came to \$6,734,973.

Bunbury brings 'soap and salvation' to town

THE SALVATION ARMY IN Bunbury, south-west Western Australia, has opened a shower and laundry facility for people experiencing homelessness and hardship.

Corps Officer Captain Mark Schatz said the facility was fully booked the day before it was officially opened, demonstrating the huge need in the area for such a service.

"It has been utilised by the homeless community in Bunbury and also by those living in cars and those who are low-income earners where their washing machine has actually blown up or broken down and they can't afford to buy another one straight away," said Mark.

"They can come and do their laundry, have a shower, have a hot meal, get new clothes and obviously sit with any of the Salvos around here or the staff and have that emotional



◆ Captain Mark Schatz, Corps Officer at Bunbury, cuts the ribbon on the new shower and laundry facility.

connection as well as that spiritual connection into the church."

Bunbury Salvos approached the local Apex Club about 12 months ago to ask for funding support. The club jumped on board and donated a portion of its homelessness sleepout

fundraiser to the initiative.

Mark said that sparked a community connection with the project that gained huge momentum. "One of the guys at the sleepout said, 'I'm part of a business group and our business group tends to do projects like this, and this would be perfect

for us to get on board with'."

From there the dream became a whole-of-community vision, with more than 15 local tradespeople and businesses supplying all the tools, time and materials needed to construct the laundry and two showers.

"This is a true community project," Mark said. "It's all been funded literally from the community from a simple dream of wanting to help alleviate the pressure on those who are struggling."

The laundry and shower facility is free and open five days a week. It complements the corps' existing services, which include The Salvation Army Doorways Program, a 'prevention of homelessness' worker and a Thrift Shop.

"A simple shower can really transform someone's day," said Mark.

– Lauren Martin

South Australian historical chapter still going strong

KEEPING HISTORY ALIVE AND promoting current Salvation Army activities have been the focus of the South Australia Chapter of The Salvation Army Historical Society for the past two decades. Founding and current members celebrated the 20th anniversary of the chapter at its annual general meeting last month.

Lindsay Cox, Australia Territory Manager of Salvation Army Museums, was the guest for the meeting. He spoke about the beginnings of The Salvation Army in Australasia, with a

focus on events in Adelaide. Lindsay also showed the original letter, signed by Salvation Army founder General William Booth, that commissioned Captains Thomas and Adelaide Sutherland as the first officers of Adelaide Congress Hall.

In 1999, then Major Vic Poke (dec.) called Salvationists in Adelaide and throughout South Australia to form a chapter of the historical society, which began with Graeme Denholm as president.

Twenty years later, Graeme is still president, with more than

100 members on the chapter's roll. Up to 40 members attend the quarterly meetings.

"Our members include Salvationists as well as others not specifically connected with the Army," said Graeme. "Our executive committee is dedicated and long-serving."

"We have a great time and expand people's knowledge of history, but also keep them updated on current Salvation Army ministries and upcoming activities with our guest speakers."

– Simone Worthing



◆ Chapter president Graeme Denholm cuts the anniversary cake along with other members of the society.

Delegates given 'freedom to flourish'

'FREEDOM TO FLOURISH – Vocation, Calling, Identity and Faith' was the theme of the annual Thought Matters conference held at the Eva Burrows College in Melbourne, from 23-25 August.

The conference was hosted for the first time by the newly named Salvation Army South Pacific Theological Forum (previously known as the Tri-Territorial Theological Forum), comprising members from the Australia Territory and the New Zealand, Fiji, Tonga and Samoa Territory.

Some of the topics presented included 'Falling apart in order to flourish', 'Vocation, calling and inner chaos', 'Love changes everything' and 'Freedom to flourish when adversity affects calling'.

Presenters came from a variety of backgrounds and included officers, soldiers, employees and friends.



Thought Matters presenter Amanda Merrett (right) speaks with Major Deborah Robinson, Head of Eva Burrows College.

"Presenters spoke about historical and contemporary perspectives related to finding purpose through vocational choices," said Captain Brenda Young, Eva Burrows College, Officer Formation Stream, and a conference organiser.

"This included whether

vocation informs identity or identity informs vocation; how we might understand the concept of flourishing; how Generations Y and Z think differently about commitment; and the whole concept of officership and calling."

– Simone Worthing

New York band leader inspires young musicians

NEW YORK STAFF BANDMASTER Derek Lance was the guest for this year's Future Brass 19 weekend in August.

The keynote conference, held at Rutherford Park Country Retreat in Victoria, gave brass band players and percussionists aged 12 to 30 the chance to learn from one of the world's best Salvation Army musicians.

While Derek focused on helping young musicians hone their craft, members of the Melbourne Staff Band also equipped them to take the mission and ministry of brass banding back to their corps.

"The staff band's focus for Future Brass 19 is to continue the Army's brass banding tradition in mission," said Deputy Bandmaster Paul Smith.

Read an interview with Derek Lance: others.org.au/features/landa-with-derek-lance/

Enrolments

DEVONPORT CORPS
TAS



LEFT: CORPS OFFICER CAPTAIN KEVIN Meredith enrolled Tyler Johnstone as a senior soldier at the corps on Sunday 30 June. Also pictured is flagbearer Norman Targett and Major Sugunama Meredith.



FAR LEFT: CAPTAIN MEREDITH ENROLLED Zachary Johnstone and Naomi Meredith as junior soldiers on the same day.

TUGGERANONG CORPS
ACT



CORPS OFFICER MAJOR COLIN MAXWELL accepted Anna and Derek Flannery as adherents of the corps on Sunday 18 August.

INGLE FARM CORPS
SA



ENVOY NATHAN CASEY (ASSISTANT CORPS Officer – Next Gen Ministries) enrolled Jada Lovell as a senior soldier at the corps on Sunday 25 August.

Send us your enrolment stories.

We want to share your stories. Please send details, including date of enrolment, name of corps or centre, name of enrolling officer(s), soldier(s) and/or adherent(s), and a high-resolution photo to Simone Worthing at simone.worthing@ae.salvationarmy.org

Tasmania Housing team picks up major industry award

THE TEAM FROM SALVATION Army Housing in Tasmania has been recognised at the Australasian Housing Industry awards, which honour the hard work and innovation of the community housing sector in Australia and New Zealand.

The Salvation Army team at Hobart's Campbell Street accommodation residence received the award for 'Leading and Innovation' after organising the Common Ground Cup golf day to raise funds for the Army's Common Ground

housing sites in Hobart.

"We organised a golf day at Ratho Golf Course with former international cricketer David Boon to raise money for tenants," said Dr Jed Donoghue, Housing and Homelessness State Manager.

"It is important to promote, recognise and reward the good work undertaken by the staff in our community housing programs. [It] also encourages the team and the tenants."

Homelessness is a statewide crisis in Tasmania, with more

than 1600 people sleeping rough, couch surfing or living in supported accommodation. Salvation Army Housing works closely with other services, as well as local corps, to provide people with safe, secure long-term accommodation.

"We can achieve better outcomes for people experiencing homelessness in a small state like Tasmania by working together rather than competing for limited resources," said Dr Donoghue.

– Jessica Morris



Dr Jed Donoghue (left), Housing and Homelessness State Manager, and Jade Munnings, Tenancy Manager at Campbell Street in Hobart.

Help shape our future by joining 'the IDEAS crowd'

PHIL WALL, THE WELL-KNOWN UK Salvationist, once stated: "The Salvation Army was raised on a diet of faith-filled risk and outrageous innovation." Reflecting this statement, the Army in Australia has developed the 'IDEAS' platform to nurture, grow and support innovation across the territory.

Launched on 19 September,

'IDEAS' will be an open crowdsourcing website that enables transparency and idea-sharing. Anyone can submit an idea, vote on ideas, comment on an idea or subscribe to an idea.

"Innovation starts with great ideas," said Chief Secretary Colonel Mark Campbell. "Salvos IDEAS is a new ideas-sharing platform where

everyone has the opportunity to help shape the future of The Salvation Army by taking your great ideas from ideation stage through to implementation.

"We need people who have an idea that can impact their community, corps or workplace to bring their ideas and submit them on the ideas platform. We then need everyone else to come

and help develop these ideas by voting, commenting and subscribing. We need everyone involved, so join the IDEAS crowd. The ideas that achieve the greatest support through voting will progress to the next stage of development called the 'redemptive design lab'.

For more information, go to ideas.salvationarmy.org.au

Long-haul recovery effort begins in Bahamas

INTERNATIONAL SALVATION Army disaster relief personnel have been deployed to Nassau and Freeport in the Bahamas to assist existing teams in those locations as they continue to serve people impacted by Hurricane Dorian.

Damaris Frick, Deputy Coordinator for The Salvation Army International Emergency Services, who arrived from London, commended the local team for the “fantastic job undertaken so far”.

“The Bahamas teams have received reinforcements from Barbados and other Caribbean islands, as well as further afield, from USA and Canada,” she said from the incident command centre in the Bahamian capital, Nassau.

The Salvation Army Bahamas hurricane response team was activated before the hurricane arrived and has been actively involved in the response and relief effort as soon as the ‘all clear’ announcement was made. They are partnering with the National Emergency Management Agency and are one of only two charitable organisations that the Bahamas government has highlighted as relief agencies for the public to channel contributions through.

The immediate focus has been to provide the essentials for life: food, water, clothing, personal hygiene supplies and shelter. The Army in Freeport had fully restocked its emergency provisions just ahead of the Category 5 storm hitting the island. The disaster response team has also determined that many people impacted have post-traumatic stress concerns. As such, special



◆ Akeem Cooper serves a woman at The Salvation Army Disaster Services centre in Freeport.

Akeem ‘glad for opportunity to serve’

AS THE BIGGEST STORM EVER TO HIT THE Bahamas loomed in the Atlantic Ocean, 16-year-old Akeem Cooper was helping others.

A junior soldier at Freeport Corps, he was assisting Corps Officer Major Hendrik Sumter to batten down the hall on Grand Bahama.

“I was over at the corps hall helping board up the windows,” he said, “but I had to go and help my mother and siblings secure our home.”

emotional and spiritual care teams are being implemented.

“The Salvation Army was in the Bahamas before this disaster, during this disaster and will remain here well after this disaster. We are committed not only to providing immediate relief but are here for the long haul – for the recovery and reconstruction of life, infrastructure and livelihoods,” said Damaris.

Akeem and his family spent the night at a shelter but found their home badly damaged by floodwaters the next day.

Akeem, however, showed up again at Freeport Corps later that day along with three friends to offer assistance, knowing people would start coming to The Salvation Army.

“I love helping other people,” said Akeem. “I’m glad for the opportunity to serve.”



◆ Residents line up for assistance at The Salvation Army Disaster Services centre in Freeport, Bahamas.

First global IT meeting held

‘TECHNOLOGY FOR MISSION’ was the theme of the first in a quarterly series of online meetings for The Salvation Army’s global IT teams.

The interactive event in August included participation from Salvation Army IT practitioners from around the world. An identical meeting took place 12 hours later, to cater for every time zone.

Mark Bennett is the project manager of the significant and technically demanding process of migrating The Salvation Army – with a presence in more than 130 countries – to using Microsoft’s Office 365 product.

About 32,000 Office 365 mailboxes have been assigned so far.

Liberian student earns top honour

A FEMALE STUDENT FROM a Salvation Army school in Liberia has received a national award, recognising her as being among the 13 highest-achieving students in the West African country.

Junita Sangare came top of her class of 236 students from William Booth High School in Paynesville, near the capital, Monrovia. She also won a fully funded prestigious United World Colleges International Scholarship, beating more than 450 applicants from high schools across Liberia.

Salvation Army schools performed outstandingly in the West African Senior School Certificate Examination.

Zimbabwe ‘First Lady’ praises Army



◆ Thousands of women attended a Salvation Army Home League rally in Zimbabwe.

WOMEN FROM 10 SOUTHERN African countries recently gathered in Zimbabwe for a SARPCO (Southern African Region Project Capacity-building) Home League Rally, led by Commissioner Rosalie Peddle (World President of Women’s Ministries) and Commissioner Bronwyn Buckingham (World Secretary for Women’s Ministries).

Delegates were also

delighted to hear from the First Lady of Zimbabwe, Auxillia Mnangagwa, who made a surprise appearance midway through the Saturday morning events. She spoke of her appreciation for the work of The Salvation Army, which she said should be applauded for empowering marginalised women and girls.

“The Salvation Army in

Zimbabwe has been actively involved in the transformation of lives of ordinary people in many ways,” she said. “Your church in Zimbabwe has been supportive of government efforts to provide education through its 35 schools across the country.”

Around 6000 women attended the rally, which took place at Glamis Arena in Harare, the nation’s capital.

Scout leader awarded Order of the Founder



◆ Commissioner Johnny Kleman admits Frenchman Philippe Clément to the Order of the Founder.

THE NATIONAL SCOUT LEADER OF THE SALVATION Army in France and Belgium has become the first Frenchman to be admitted to the Order of the Founder, the Army’s highest honour.

Philippe Clément, 57, was awarded the honour during a special ceremony at a 10-day jamboree in France that celebrated the 100th anniversary of Salvation Army scouting in France.

“Thanks to your know-how, you have served young people and contributed to their social and spiritual development,” said Commissioner Johnny Kleman, The Salvation Army International Secretary for Europe.

IAN STORY

MAJOR IAN STORY WAS promoted to glory on 26 August, aged 89. A thanksgiving service for Ian was held at Wangaratta Corps on 3 September, led by Captain Lance Jeffrey.

Ian Rex Story was born at Crystal Brook, South Australia, to Fanny and Rex Story on 27 April 1930. He was one of three children, having a sister, Barbara (dec.), and a brother, Ross. At the age of 24, Ian moved to Renmark, where he accepted the Lord as his Saviour at The Salvation Army in March 1954. He then moved to Mount Gambier where he met Val.

Both Ian and Val were accepted for officer training in 1957, from Mount Gambier Corps, into the *Sword Bearers* session.

Following commissioning, Ian was appointed as a single officer to Ararat Corps followed by South Richmond, Echuca and Clare/Burra. Ian and Val were married in late 1958, and in December the following year they welcomed a baby girl, Sue, into their family.

Together, Captains Ian and Val received corps appointments in South Australia to Wallaroo in 1960, followed by Gawler, where in 1962 they welcomed their second child, Allen.

In 1964, Ian and Val took up another corps appointment at St Arnaud in Victoria where they were blessed with their third child, Rosemary. Over the next 24 years, Ian and Val were appointed as officers to a dozen corps across Victoria, South Australia and Western Australia. Ian's final active appointment was as Research Officer at the Heritage Centre in Melbourne.

In retirement, Ian did a further 10 years of service in chaplaincy at St Vincent's Hospital, to Salvation Army patients.

Ian was known for his ability as a writer and made many contributions over the years to *Warcry*. He also authored several books.

ESME WISEMAN



ESME WISEMAN WAS promoted to glory on 2 August, aged 89. A thanksgiving service was held on 12 August at Ivan Butler

Funeral Home, led by Lieut-Colonel Vivien Callander. A corps tribute was given by Susan Martin, daughter Jan Burgen read from the Scriptures and sons Robert and Trevor Wiseman shared a family tribute. Joshua Burgen read a tribute representing the grandchildren.

Esme Rae Harewood was born to Harry and Hilda Harewood on 10 September 1929 at Maylands, Western Australia. She was the youngest of four children. After leaving school, Esme went to technical college, learning typing and shorthand, before obtaining work in the office of Southern Cross Windmills.

Esme and her family attended the Maylands Corps. In 1949, Adelaide Congress Hall Corps band visited Perth, and Esme met young solo cornet player Kevin Wiseman. This led to a courtship mostly by correspondence, but eventually Esme moved to Adelaide at 19, attending Adelaide Congress Hall Corps.

Esme and Kevin were married on 8 February 1951 and set up home in Adelaide. Over the years they provided a Christ-centred home for their three children – Robert, Trevor and Jan. The family attended Adelaide Congress Hall where Esme was involved with the Women's Voices, songster brigade and Home League, and served her Lord faithfully.

Esme was a loving wife to Kevin for more than 68 years, a loving mum and 'Nanna' to nine grandchildren and 20 great-grandchildren.

Tribute reports.

To have a Tribute included in an issue of *Others*, please email your report of no more than 250 words, accompanied by a high-resolution (no smaller than 1mb) head-and-shoulders photograph of the individual, to others@salvationarmy.org.au

KEN SPIKIN



LIEUT-COLONEL KEN SPIKIN was promoted to glory on 24 June, aged 85. In 1952, Ken left Kew Corps to join the *Intercessors* session

of cadets. Following commissioning, Lieutenant Ken Spikin served at Kyneton, Bendigo, Beechworth and Alamein before marrying Lieutenant Betty Maddigan and taking up their first joint appointment at Sandy Bay, Tasmania, where their first child, Kerryn, was born.

They were then appointed to Norlane Corps in Geelong before heading overseas to the Singapore, Malaysia and Myanmar Territory to oversee a children's home. While there, a second child, Brenda, was born. In 1961, the Spikin family moved to take up an appointment at Ipoh Boys Home, also in the Singapore, Malaysia and Myanmar Territory.

Lieut-Colonels Ken and Betty Spikin then took up appointments in India, where they spent many years serving while based in Bombay, Calcutta and Madras. During this period a son, Harvey, was born. Ken's final appointment in the India Eastern Territory was Chief Secretary, before coming back to the Australia Southern Territory for a term as Trade Secretary.

In 1983, Ken and Betty took up appointments in the Caribbean Territory, returning to Australia in 1987 as divisional leaders for Northern Victoria Division. Ken's final appointments were in the Australia Southern Territory at Territorial Headquarters, as Financial Secretary, State Social Services Secretary (Victoria) and Assistant to the Chief Secretary.

ABOUT PEOPLE

APPOINTMENTS

Effective 12 September

Major Joy **Cassidy**, Corps Officer, Northside Corps, Victoria Division; Captain Ellen **Farrell**, Corps Officer, Delacombe Corps, Victoria Division.

Effective 1 October

Major Drew **Ruthven**, International Emergency Services Program Officer - Strategy, Security and Field Support, International Headquarters (based in Melbourne).

Effective 8 January

Major Racheal-Lee **Kendrick**, Corps Officer, Redcliffe Corps, Queensland Division (Major Kendrick is transferring to the Australia Territory from the New Zealand, Fiji, Tonga and Samoa Territory).

Effective 15 January

Major Malcolm **Davies**, Editor-in-Chief (primary) and Assistant Secretary for Communications and Publishing Secretary, THQ, United Kingdom with the Republic of Ireland Territory; Major Tracey **Davies**, Learning and Development Officer (Officer Programs), based at William

Booth College, United Kingdom with the Republic of Ireland Territory.

CANDIDATES

Adelaide Congress Hall soldiers Renae **Phillips** and Ryan **Matulick** have been accepted for training as cadets in the 2020 *Messengers of Reconciliation* session.

PROMOTED TO GLORY

Major Shirley **Bruce**, on 18 August; Major Kaye **Townsend**, on 2 September; Major Joseph **Wilcox**, on 3 September.

ENGAGEMENT CALENDAR

COMMISSIONERS JANINE AND ROBERT DONALDSON (TERRITORIAL LEADERS)

Geelong 14 Oct – National Leaders Conference.
Melbourne 19-20 Oct – Box Hill Corps band weekend.
Geelong 23 Oct – 10-year Officer Service Seminar.

COLONELS JULIE (TSWM/GENDER EQUITY ADVOCATE) AND MARK CAMPBELL (CHIEF SECRETARY)

19 Sep-20 Oct – Furlough.
Geelong 23 Oct – 10-year Officer Service Seminar.



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A new start in life.

*Salvos helped me up,
but God changed my heart*

WORDS JEFF WATTS

USING DRUGS FOR ME WAS JUST NORMAL. It was something I had done from a young age and thought I would always do. But the reality was that I was stuck in a 20-year cycle of destructive behaviour that destroyed many years of happiness for myself and those around me.

Addiction took me to a place I never thought I would go and turned me into a person I never thought I would be. It took losing everything I held dear and everything I owned to see it for what it was, and to make the decision to stop. But wanting to stop wasn't enough. I felt powerless. I felt the most afraid and alone I'd been in my whole life. I kept spiralling down to a place of despair, hopelessness and wanting to end it all.

In hindsight, hitting rock-bottom was a gift. It allowed me to let go, to surrender, and the relief and release I felt provided a spark of hope. This is where my recovery journey really began and it went well for a while until I realised that trying to engineer my own transformation wasn't going to work. My next experience of surrendering was my self-will and pride. I realised I needed the support of others. This gave me direction and clarity, but after a while it was apparent something was still missing and I would relapse yet again.

A chance meeting with one of the staff from The Salvation Army START program (for people with addictive behaviours) changed everything. I was invited to attend the program and immediately felt welcomed and accepted,



Jeff Watts with his daughter, Madelyne.

“
*Addiction took me to a place
I never thought I would go
and turned me into a person
I never thought I would be.*
”

something I hadn't experienced in a long time. The START program gave me hope for a new start in life. It was a community that carried me until I started to believe and have faith in myself; a community where I was free to be honest and open about what I was experiencing, with no judgement. These experiences helped soften my heart and heal me.

The process of recovery gave me a desire to give back; to help others also experience this freedom. I studied in the field of AOD (Alcohol and Other Drugs), returning to the START community for my practical placement then staying on

as a volunteer. This year, I was given the chance to work with the START team.

During my recovery, I was challenged to explore the concept of God and what this might mean for me. There was no dramatic conversion; it was more of a gradual letting go of my limited and unhealthy image of God and, with the guidance and support of The Salvation Army community, I began to hear the Good News in a constructive manner. I was introduced to Bible study and began attending church regularly and today this is the cornerstone of my spiritual practice. It is of great importance to me to continue to seek and strengthen the relationship I have with God and to be open to him to work his wonders through me.

Along this journey there have been many profound experiences and life-changing moments, but the biggest impact has come from getting to know God. To know God is at work in my life today and that he has a plan for me gives me comfort, and I am willing to hand it all over to him.●

others

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